An Important Question in Volunteering:

Why or Why Not?
Villagers from Maua to our Clinic
Volunteer

• Mission
• Goal
• Objectives
• Plan
• Support
• Assessment
"The hopes of nations rest in the hands of ordinary people trying to accomplish extraordinary things."

To improve population health and provide HIV care, orphan vocational centers for children affected by the HIV calamity and education to remote African communities.
Considerations

• Culture
• Customs
• Communications
• Funding
Considerations

• Customs and Immigration
• Corruption
Considerations

- Food and Water
- Language
- Accommodations
Greetings of respect.
Response to Shikamoo.
Hello
Hello, how are things?
Response to hujambo.
How are you?
Good. (Response to habari…)
At peace
Bye!
Thank you
Very
What is your name.
My name is:
I don’t speak Swahili.
Please
Yes (It is so)

Shikamoo
Marahaba
Jambo
Hujambo
Sijambo
Habari yako?
Nzuri / safi / njema
Salama
Kwa heri!
Asante
Sana (Asante Sana)
Jina lako nani?
Jina langu: / Ninaitwa:
Sisemi kiswahili
Tafadhali
Ndio

Saturday morning with "Foama"
Considerations

- Travel
- Ethics
- Logistics
Special talent - pond drainers!!

Loading the transport with meds
Table-leg extenders!! Yay!!
Heading to Samanga from Kilema

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Considerations

• Insurance
• Permits and Licences
• Legal Responsibility
• Safety
• Sharing
Hi Hoe Hi Hoe it's off to work I go
Considerations

- Access to medicine
- Quality of medicine
- Translators
- Pictograms
Part of our dispensary at Uchira Village

J.M. in Clinic set up Rau Dispensary
Tanzania September 2011
Oralcon-F
Levonorgestrel and Ethinylestradiol Tablets BP.
Each white tablet contains:
Levonorgestrel BP 0.15 mg
Ethinylestradiol BP 0.03 mg
Each brown tablet contains:
Ferrous Fumarate BP 75 mg
Each Shipper Contains 1440 Cycles
LOT NO.: GF702    MFG.: 0107    EXP.: 1203

Notice the use of Iron in the placebo tablets
Considerations

• Professional Resources
• Collaboration
• Listening vs. Talking
• Health System
No drugs in the clinic?

Send SMS to 8200
Free health service complaints hotline

<table>
<thead>
<tr>
<th>Weight (kg)</th>
<th>Tablets</th>
<th>Dose (g)</th>
</tr>
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<tbody>
<tr>
<td>&gt; 4 years old</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5-7</td>
<td>0.5</td>
<td>300</td>
</tr>
<tr>
<td>8-11</td>
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<td>1</td>
<td>600</td>
</tr>
<tr>
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<td>900</td>
</tr>
<tr>
<td>20-39</td>
<td>2</td>
<td>1200</td>
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<td>30-45</td>
<td>3</td>
<td>1800</td>
</tr>
<tr>
<td>46-60</td>
<td>4</td>
<td>2400</td>
</tr>
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Information for Better Health

G I. Mutoko

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Considerations

• Rewards
Considerations

Why or Why not?
Practical Points of Humanitarian Pharmacist Aid