

Clinical Practice

Dr. Mercy Nabwire

Clinical Pharmacy Practitioner

Moi Teaching and Referral Hospital, Kenya/Hospital

Pharmacists Association of Kenya

Clinical pharmacy evolution in Kenya: from classroom to practice

Focus on public sector: mainly the national teaching and referral hospitals

- Training: clinical rotations for students, interns and residents
- Pharmacist developed clinical care programs:
 - Adult and pediatric interprofessional medical ward rounds
 - Chronic diseases management: diabetes and hypertension
 - Pharmacist managed anticoagulation clinic
 - HIV/ AIDS outpatient clinics: peer educators
 - Women's Health: gestational diabetes screening and management
 - Critical Care Unit
 - Pharmacovigilance: counterfeit medication detection



Successes and Challenges



Success strategies:

- Partnerships and collaboration: Purdue Kenya Partnership
- Effective mentorship programs
- Continuous preceptor education and evaluation

Challenges:

- Difficulty in implementing in non-teaching hospitals
- No policy guidelines for pharmacy specialization in Kenya hence no recognition
- Limited training opportunities for specialization
- Educating other practitioners about the evolving role of pharmacists

