

COMMENTARY

Biowaiver Monographs for Immediate Release Solid Oral Dosage Forms: Furosemide

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ABSTRACT: Literature and new experimental data relevant to the decision to allow a waiver of *in vivo* bioequivalence (BE) testing for the approval of immediate release (IR) solid oral dosage forms containing furosemide are reviewed. The available data on solubility, oral absorption, and permeability are sufficiently conclusive to classify furosemide into Class IV of the Biopharmaceutics Classification System (BCS). Furosemide's therapeutic use and therapeutic index, its pharmacokinetic properties, data related to the possibility of excipient interactions and reported BE/bioavailability (BA) problems are also taken into consideration. In view of the data available, it is concluded that the biowaiver procedure cannot be justified for either the registration of new multisource drug products or major postapproval changes (variations) to existing drug products.

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Keywords: furosemide; absorption; bioequivalence; Biopharmaceutics Classification System (BCS); permeability; solubility; regulatory science

INTRODUCTION

A biowaiver monograph of furosemide based on literature data, together with additional experimental data, is presented. The risks of basing a bioequivalence (BE) assessment on *in vitro* rather than *in vivo* study results for the approval of new IR solid oral dosage forms containing furosemide (“biowaiving”), including both reformulated products and

new multisource products, are evaluated under consideration of its biopharmaceutical and clinical properties. This evaluation refers to drug products containing furosemide as the single active pharmaceutical ingredient (API). The purpose and scope of this series of monographs have been previously discussed.¹ Summarized in few words, the aim is to evaluate all pertinent data available from literature sources for a given API to assess the risks associated with a biowaiver. For these purposes, risk is defined in terms of the probability of an incorrect biowaiver decision as well as the consequences of an incorrect decision in terms of public health and individual patient risks. On the basis of these considerations, a recommendation can be made as to whether a biowaiver is advisable or not. It is pointed out that these monographs do not simply apply the various regulatory documents, but also serve as a critical

A project of the International Pharmaceutical Federation FIP, Special Interest Group BCS and Biowaiver, www.fip.org/bcs.

This article reflects the scientific opinion of the authors and not the policies of regulating agencies, the International Pharmaceutical Federation (FIP) and the World Health Organization (WHO).

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evaluation of these documents. Biowaiver monographs have already been published for acetaminophen (INN: paracetamol),² acetazolamide,³ aciclovir,⁴ amitriptyline,⁵ atenolol,¹ chloroquine,⁶ cimetidine,⁷ diclofenac,⁸ doxycycline hyclate,⁹ ethambutol,¹⁰ ibuprofen,¹¹ isoniazid,¹² metoclopramide,¹³ prednisolone,¹⁴ prednisone,¹⁵ pyrazinamide,¹⁶ propranolol,¹ quinidine,¹⁷ ranitidine,¹⁸ rifampicin,¹⁹ and verapamil.¹ They are also available on-line at www.fip.org/bcs.

GENERAL CHARACTERISTICS

Name

INN name: furosemide, frusemide, fursemide. Chemical name: 4-chloro-*N*-furfuryl-5-sulphamoylanthranilic acid or 5-(aminosulfonyl)-4-chloro-2[(2-furanylmethyl)amino] benzoic acid. Its structure is shown in Figure 1.

Therapeutic Indication, Therapeutic Index, and Toxicity

Furosemide is a loop diuretic that is used orally in the treatment of edematous states associated with cardiac, renal, and hepatic failure and the treatment of hypertension.²⁰

The usual dosage is 40–120 mg/day. For the treatment of mild cases of edema, doses as low as 20 mg can be effective, whereas for severe cases of edema doses as high as 600 mg/day may be required.²⁰ For the treatment of chronic renal impairment the dose can be as high as 1.5 g/24 h. Furosemide inhibits the reabsorption of sodium and chloride in the ascending limb of the loop of Henle and also in the early distal tubules. Excretion of sodium, potassium, calcium, and chloride ions is increased and water excretion enhanced.²⁰ Most adverse effects of furosemide occur at high doses and/or prolonged use. Serious effects are uncommon, the most common being fluid and electrolyte imbalance, including hyponatraemia, hypokalaemia, and hypochloaemic alkalosis. Signs of electrolyte imbalance include

headache, hypotension, muscle cramps, dry mouth, thirst, weakness, etc.²⁰ There is generally no need to monitor blood levels.²⁰

CHEMICAL PROPERTIES

Solubility

The aqueous solubility of furosemide at room temperature has been reported to be 0.01825 mg/mL.²¹ Its aqueous solubility increases as function of the pH of the medium from 0.18 mg/mL at pH 2.3 to 13.36 mg/mL at pH 10.²² Martindale reports that furosemide is practically insoluble in water, corresponding to <0.1 mg/mL.²⁰ The pH-solubility profile of furosemide at 30°C showed a minimum of 0.010 mg/mL at pH 2.0 and a maximum of 21.9 mg/mL at pH 8.0, followed by a marginal decrease to about 18 mg/mL above pH 8.0.²³ Other workers reported a saturation solubility at pH 4.6 and 37°C of 0.008 mg/mL.²⁴ The equilibrium solubility of furosemide at 37°C in Krebs Ringer buffer at pH 5.0 was 0.33 mg/mL, increasing to ~1.5 mg/mL at pH 6.5 and 1.9 mg/mL at pH 7.4.²⁵ New solubility data at pH values within the ranges required by the various Guidances^{26–29} were measured¹ in triplicate at pH 1.0; 2.8; 3.8; 4.8; and 7.5 using the standard USP shake-flask method, with stirring for 48 h at 37°C. A summary of the literature data as well as the new data are presented in Table 1. No data on the stability of furosemide in human gastric and intestinal fluids were found in the literature.

Salts, Stereoisomers, and Polymorphs

A furosemide sodium salt is known, but is used only in parenterals, such as furosemide for injection USP.³⁰

Seven polymorphic forms are known: four true polymorphs (I, II, III, IV), two solvates (IV—DMS and V—dioxane) and one amorphous form,^{31–34} but polymorph-dependent bioavailability (BA) has not been reported to date in the literature.

pK_a

Furosemide is a weak acid with an acidic pK_a value of 3.8 (carboxylic acid).³⁵

Partition Coefficient

Log P (*n*-octanol/water) values of 2.29³⁵ and 1.81³⁶ have been reported. Distribution coefficients at pH values of 7.39, 5.86, and 2.58 have been reported to be -1.20, -0.10, and 1.78, respectively.³⁶ A log D (pH 7.4) value of -0.69 has been measured.³⁵ Kasim et al.³⁷ calculated log *n*-octanol/water partition

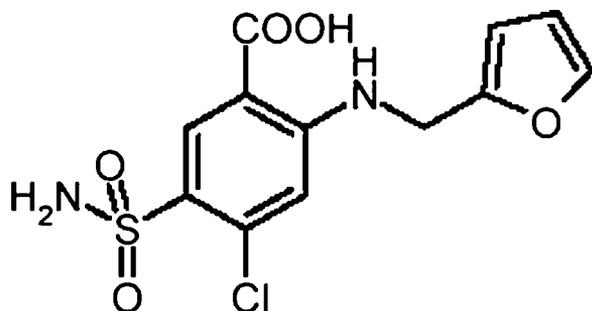


Figure 1. Structure of furosemide.

¹Experiments performed at the Pharmacy Department, Chemical Sciences Faculty, National University of Córdoba, Argentina. The pH was measured after the addition of the drug.

Table 1. Solubility (mg/mL) of Furosemide: Literature Data and New Experimental Data. Also shown: the Corresponding Dose/Solubility Ratio (D/S) (mL) at 37°C for three tablet strengths

Medium, pH	25°C	30°C	37°C		D/S Ratio ^a		
			Reported Data	New Experimental Data	20 mg Tablet	40 mg Tablet ^b	500 mg Tablet
Water	0.018 ²¹						
pH 1.0				0.014	1429 ^c	2857 ^c	35,714 ^c
pH 1.2				0.024	833 ^c	1667 ^c	20,833 ^c
pH 2.0		0.01 ²³					
pH 2.3	0.18 ²²						
pH 2.8				0.034	588 ^c	1176 ^c	14,705 ^c
pH 3.8				0.04	500 ^c	1000 ^c	12,500 ^c
pH 4.6			0.008 ²⁴				
pH 4.8				0.156	128	256 ^c	3205 ^c
pH 5.0			0.33 ²⁵	0.27	74	148	1852 ^c
pH 6.5			1.5 ²⁵	3.94	5.1	10	127
pH 7.4			1.9 ²⁵				
pH 7.5				6.91	2.9	5.8	72
pH 8.0		21.9 ²³		8.91	2.2	4.5	56
pH 10.0	13.36 ²²						

^aCalculated from the solubility data at 37°C; the critical limit is 250 mL.^{26–29}

^bStrength on WHO essential medicines list.³⁸

^cA D/S value exceeding the critical limit.

coefficients for furosemide using two different methods, finding values of 1.9 and 0.74, respectively. For metoprolol, following the same methodologies, the authors reported values of 1.35 and 1.72, respectively.

Oral Dosage Form Strengths

The WHO recommended oral dosage form strength is 40 mg.³⁸ Table 2 shows IR furosemide tablets with a marketing authorization (MA) in Germany (DE),³⁹ Denmark (DK),⁴⁰ Finland (FI),⁴¹ France (FR),⁴² The Netherlands (NL),⁴³ Norway (NO),⁴⁴ Spain (ES),⁴⁵ Sweden (SE),⁴⁶ United Kingdom (UK),⁴⁷ and the United States (US).⁴⁸ These MAs cover a very wide range of strengths: from 20 mg up to 500 mg.

PHARMACOKINETIC PROPERTIES

Absorption and Bioavailability

Furosemide is fairly rapidly absorbed from the gastrointestinal (GI) tract. Its BA was reported to be about 60–70%, but the absorption is variable and erratic.²⁰ Others report a poorer oral BA of 50%^{49–51} or 37–51%.⁵² Peak serum concentrations (C_{max}) occur between 60 and 90 min with concentrations falling below the limit of detection between 3 and 4 h after ingestion. The rate and extent of absorption show large inter- and intra-subject variabilities. Absorption following oral administration is influenced by the dosage form, underlying disease processes, and by the presence of food.⁵⁰ Grahnén et al.⁵³ investigated the intra-subject variation in BA with respect to rate and extent of absorption between two tablet formula-

tions, Lasix[®] and Furix[®], each in a dose of 40 mg, and also after intravenous (i.v.) administration in eight healthy subjects. Absolute BA was reported to be 56% for Lasix[®] and 55% for Furix[®], with a range of 20–84% between individuals and 20–61% within an individual, indicating extensive variability after oral administration. Extensive variability was also observed in mean absorption time and urinary excretion. The intra-subject variability was thought to depend mainly on the absorption process, since repeated i.v. doses showed only marginal intra-subject variability, but, as this study was severely underpowered, it is not possible to draw robust conclusions from the data.

The hypothesis that furosemide exhibits site-specific absorption was investigated in the rat model. In this animal model, Chungi et al.⁵⁴ reported absorption to be biexponential and rapid when administered to the stomach but slower when administered to the small intestine. The most rapid absorption occurred after administration to the stomach at a pH of 3. In man, the absorption of furosemide is also site-specific and takes place primarily in the upper parts of the small intestine. Clear et al.⁵⁵ released furosemide using an Intelisite[®] capsule at specific sites in the GI tract, finding that the absorption window of furosemide in the upper GI tract is narrow: when drug release took place in the proximal intestine instead of the stomach, the area under the concentration time curve (AUC) for furosemide decreased markedly, by 29%. From these studies it was concluded that, in humans, furosemide is most rapidly absorbed from the upper GI tract following dissolution in the stomach.

Table 2. Excipients* present in Furosemide[†] IR solid oral drug products[‡] with a Marketing Authorization (MA) in Germany (DE), Denmark (DK), Finland (FI), France (FR), The Netherlands (NL), Norway (NO), Spain (ES), Sweden (SE), United Kingdom (UK) and the United States (US)[§], and the minimal and maximal amount of that excipient present pro dosage unit in solid oral drug products with an MA in the USA[¶]

Excipient	Drug Products Containing That Excipient With an MA Granted by the Named Country	Range Present in Solid Oral Dosage Forms With an MA in the USA (mg)
Carmellose sodium	DE(1,2)	2.2–160
Carrageenan	DK(3) NO(4)	0.15
Cellulose	DE(1,2,5–37) DK(3,38–44) ES(45–48) FI(49–53) FR(54–56) NL(57–64) NO(4,65–69) SE(70–77) US(78–81)	4.6–1385 ^a
Croscarmellose sodium	DK(40,43) FI(52) NL(57) NO(67) SE(70,74,76,77,82)	2–180
Crospovidone	DE(1,2,10,16,26,28,36) FI(49) NO(68)	4.4–792 ^a
Diethyl phthalate	NL(61)	1.2–4
Ethylcellulose	NL(61)	1.0–121 ^a
Gelatin	DK(83) FI(50) FR(54) NO(69)	1–756 ^a
Glyceryl palmitostearate	NL(60,62,64)	18
Hydroxypropylcellulose	DE(6,7,9,11,13,15,17,18,20,22,23,25,27,29,31–33,35) NL(61)	4–132
Hypromellose	DK(3,38) NL(61) NO(4,65)	0.8–537 ^a
Lactose	DE(1,2,5,6,8–21,23–37,84) DK(38–40,42–44,83,85–87) ES(45–48,88,89) FI(49,51,52) FR(55,56,90–98) NL(57–59,61,63,99–105)	23–1020 ^a
Macrogol	NO(65,67,68) SE(70,72–74,76,77,82,106,107) UK(108,109) US(78–81,110–114)	0.12–500 ^a
Magnesium carbonate	DE(1,2)	1.1–250
Magnesium stearate	ES(115,116)	0.15–401 ^a
Polysorbate 80	DE(1,2,5–9,11–15,17–25,27,29–35,37,84) DK(3,38–44,83,85–87) ES(45–48,88,89,115,116)	
Povidone	FI(49–53) FR(54–56,90–98) NL(57–64,99–105) NO(4,65–69) SE(70–77,82,106,107) UK(108,109) US(81,110–114)	
Silica	DE(8,10,12,16,24,26,28,34,36) DK(40,41,43) ES(115,116) FI(51–53) FR(55) NL(60,62,64,101,104,105)	2.2–418 ^a
Sodium lauryl sulphate	NO(66,67) SE(70,71,73–76,82,107) US(110)	0.17–80
Sodium starch glycolate	DE(1,2,7,8,10,12,16,22,24,26,28,32,34,36,37,84) DK(39–41,43,86) ES(88,89) FI(50–53) FR(54–56,97) NL(58,99,100,102,105) NO(66,67,69) SE(70,71,73–76,107) US(78–80,110,114)	0.65–99
Starch	DE(5–9,11–15,17–25,27,29–35,37) DK(39,42,44,85,87) ES(45–48) FI(50,51) FR(55) NL(58–60,62,64,101,103) NO(69) SE(72,73,106) US(78,79,110,111)	0.65–50
Starch, pregelatinised	DE(10,16,26,28,36,84) DK(38,85–87) ES(88,89) FI(49) FR(56,97) NL(57,61,63,99,100,102,103) US(78,79,81,110–114)	2–876 ^a
Stearic acid	NO(68) SE(77,106) UK(109) US(78,80,111–113)	0.44–1135 ^a
Talc	DE(10,16,26,28,36,37,84) DK(3,38,41,83,86) ES(88,89) FI(53) FR(54,56,90–98) NL(57,58,60–62,64,99,100,104,105) NO(4,65,66) SE(71,75,77,82) US(113,114)	6.6–600
Trisodium phosphate	FI(50) NO(69)	0.9–72 ^a

(Continued)

Table 2. (Continued)

1. Diurapid[®] 40 mg Tabletten (Mono). 2. Furosal[®] 40 mg Tabletten (Mono). 3. Diural, tabletter 250 mg og 500 mg. 4. Diural, tabletter 250 mg og 500 mg. 5. Furosemid 40—1 A Pharma[®] Tabletten (Mono). 6. Furosemid 125/500—1 A Pharma[®] Tabletten (Mono). 7. Furosemid 250—1 A Pharma[®] Tabletten (Mono). 8. Furosemid AbZ 40 mg Tabletten (Mono). 9. Furosemid AbZ 500 mg Tabletten (Mono). 10. Furosemid AL 40 Tabletten (Mono). 11. Furosemid AL 500 Tabletten (Mono). 12. Furosemid-ratiopharm[®] 20/40/125/250 mg Tabletten (Mono). 13. Furosemid-ratiopharm[®] 500 mg Tabletten (Mono). 14. Furosemid Sandoz[®] 40 mg Tabletten (Mono). 15. Furosemid Sandoz[®] 500 mg Tabletten (Mono). 16. Furosemid STADA[®] 40 mg Tabletten (Mono). 17. Furosemid STADA[®] 500 mg Tabletten (Mono). 18. Diurapid[®] 500 mg Tabletten (Mono). 19. Furanthril[®] Tabletten 40 (Mono). 20. Furanthril[®] Tabletten 500 (Mono). 21. Furobeta[®] 40 mg Tabletten (Mono). 22. Furobeta[®] 250 mg Tabletten (Mono). 23. Furobeta[®] 500 mg Tabletten (Mono). 24. Furo-CT 40/125 mg Tabletten (Mono). 25. Furo-CT 500 mg Tabletten (Mono). 26. Furogamma[®] 40 Tabletten (Mono). 27. Furogamma[®] 500 Tabletten (Mono). 28. FURO-PUREN[®] 40 mg Tabletten (Mono). 29. FURO-PUREN[®] 500 mg Tabletten (Mono). 30. Furorese[®] 40/80 mg Tabletten (Mono). 31. Furorese[®] 125/500 mg Tabletten (Mono). 32. Furorese[®] 250 mg Tabletten (Mono). 33. Furosal[®] 500 mg Tabletten (Mono). 34. Fusid[®] 40 mg Tabletten (Mono). 35. Fusid[®] 500 mg Tabletten (Mono). 36. Jufurix[®] 40 mg Tabletten (Mono). 37. Lasix[®] 500 mg Tabs Tabletten (Mono). 38. Diural, tabletter 20 mg og 40 mg. 39. Furose, tabletter 40 mg. 40. Furix, tabletter 20 mg og 40 mg. 41. Furix, tabletter 250 mg og 500 mg. 42. Furosemid "IA Farma," tabletter 40 mg. 43. Furosemid "DPAK," tabletter 40 mg. 44. Furosemid "HEXAL," tabletter 40 mg. 45. Furosemida ANGENERICO 40 mg comprimidos EFG, 46. Furosemida BEXAL 40 mg comprimidos EFG, 47. Furosemida SANDOZ 40 mg comprimidos EFG, 48. Furosemida UR 40 mg comprimidos EFG, 49. Furosis 20/40 mg tabletti. 50. Furosis 500 mg tabletti. 51. Furamin 40 mg tabletti. 52. Vesix[®] 40 mg tabletti. 53. Vesix[®] Special 500 mg tabletti. 54. FUROSEMIDE RATIOPHARM 40 mg cp. 55. FUROSEMIDE TEVA 40 mg cp s. 56. LASILIX SPECIAL 500mg cp s. 57. Furosemid Actavis 40 mg, tabletten. 58. Lasix 500, tabletten 500 mg. 59. Furosemide Sandoz 40 mg, tabletten. 60. Furosemide-40, tabletten 40 mg. 61. Furosemide, tabletten 40 mg (Lagap). 62. Furosemide FLX 40 mg, tabletten. 63. Furosemide ratiopharm 40 mg, tabletten. 64. Furosemide Rofold 40 mg, tabletten. 65. Diural 20 mg og 40 mg tabletter. 66. Furix tabletter 500 mg. 67. Furix tabletter 20 mg og 40 mg. 68. FUROSEMID tabletter 20 mg og 40 mg. 69. FUROSEMID tabletter 500 mg. 70. Furix 20/40 mg tabletter. 71. Furix 500 mg tabletter. 72. Furosemid Hexal 40 mg tabletter. 73. Furosemid Nordic Drugs 40 mg tabletter. 74. Furosemid Nycomed 20/40 mg tabletter. 75. Furosemid Nycomed 500 mg tabletter. 76. Furosemid Recip 500 mg tabletter. 77. Impugan 20/40 mg cp s. 78. Furosemide Tablets USP 20/40/80 mg (Watson Labs). 79. Furosemide Tablets USP 20/40/80 mg (Mylan Pharmaceuticals, Inc.). 80. Furosemide Tablets USP 20/40/80 mg (Mylan Pharmaceuticals, Inc.). 81. Furosemide Tablets USP 20/40/80 mg (Watson Labs). 82. Impugan 500 mg tablett. 83. Furosemid "DAK," tabletter 5 mg. 84. Lasix[®] 40 mg Tabletten (Mono). 85. Furosemid "Copyfarm," tabletter 20 mg og 40 mg. 86. Lasix, tabletter 40 mg. 87. Rosefur, tabletter 20 mg og 40 mg. 88. Furosemida KERN PHARMA 40 mg comprimidos EFG. 89. SFGURIL 40 mg comprimidos. 90. FUROSEMIDE ARROW 20/40 mg cp s. 91. FUROSEMIDE BIOGARAN 20 mg cp/40 mg cp s. 92. FUROSEMIDE EG 20/40 mg cp s. 93. FUROSEMIDE MYLAN 20/40 mg cp s. 94. FUROSEMIDE RPG 20/40 mg cp s. 95. FUROSEMIDE SANDOZ 20/40 mg cp s. 96. FUROSEMIDE WINTHROP 20/40 mg cp s. 97. LASILIX 40 mg cp s. 98. LASILIX FAIBLE 20 mg. 99. Lasix, tabletten 40 mg. 100. Lasilitten, tabletten 40 mg. 101. Furosemide 20/40 PCH, tabletten 20/40 mg. 102. Furosemide 40 mg, tabletten. 103. Furosemide 20/40 mg tabletten, tabletten. 104. Furosemide Apotex 40 mg, tabletten. 105. Furosemide CF 20/40 mg, tabletten. 106. Furosemid Copyfarm 20/40 mg tabletter. 107. Furosemid Recip 25/40 mg cp s. 108. Furosemide Tablets 20/40/500 mg (Actavis, UK, Ltd). 109. Furosemide Tablets BP 20/40 mg (Wockhardt, UK, Ltd). 110. Furosemide Tablets USP 20/40 mg (IVAX Pharmaceuticals, Inc.). 111. Furosemide Tablets USP 20/40/80 mg (Ranbaxy Pharmaceuticals, Inc.). 112. Furosemide Tablets USP 20/40/80 mg (Sandoz, Inc.). 113. Furosemide Tablets USP 20/40/80 mg comprimidos EFG. 114. Lasix (furosemide mono-di-trib)alkanoate, present in drug products 10, 16, 26, 28, and 36, as well as colorants and water are not included. *Glycerol-(mono,di,tri)alkanoate, present in drug products 10, 16, 26, 28, and 36, as well as colorants and water are not included. †Only single API drug products are included. ‡Oral solutions were excluded. §Sources of data: see Oral Dosage Form Strengths Section. ¶USA: FDA's inactive ingredient database, <http://www.fda.gov/ocder/nig/ig/faqWEB.htm#purpose> (version date 09-04-2009). ††The upper range value reported is unusually high for solid oral dosage forms and the authors doubt its correctness.

Absorptive behavior differences were reported between dosage forms. Hammarlund et al.⁵¹ studied in 8 subjects the mean time for the different steps in absorption for i.v. and different modes oral administration of furosemide. The mean absorption times for all oral doses were significantly longer than the mean absorption times after i.v. administration, indicating absorption rate-limited kinetics. Absorptive behavior differences were also reported between solutions versus tablets. Waller et al.⁵⁶ studied two furosemide tablets and an aqueous solution in 21 healthy adult males. The peak plasma furosemide concentration obtained with the solution was significantly greater than with the tablet formulations. Also, the time to peak occurred significantly earlier with the solution. This finding was confirmed by McNamara et al.⁵⁷ evaluating the relative BA of five tablets and an oral solution in 12 normal volunteers in a crossover design; compared to the solution, all tablets formulations exhibited lower peak furosemide concentration. Absorptive behavior differences were also reported between the fasting and nonfasting state. In the study of Hammarlund et al.,⁵¹ food delayed the absorption on average by 60 min. When a 40 or 80 mg tablet of furosemide was taken orally by healthy adults in the fasting state, a detectable concentration of drug appears in the serum within 10 min and peaks between 60 and 90 min at a level of 1–3 $\mu\text{g/mL}$,^{58,59} but when taken in close proximity to a meal, there is a delay in its appearance in plasma, and a lower peak concentration of about 1 $\mu\text{g/mL}$ was reported after ~ 2 h.⁶⁰ Despite the difference in peak serum concentrations the total amount of furosemide absorbed is similar.⁶⁰ Kelly et al.⁵² also found that postprandial administration of furosemide results in delayed appearance of the drug in serum, lowered C_{max} and more prolonged concentrations. Beermann and Midskov⁶⁰ reported a reduced but parallel plasma concentration versus time profile between the fasting and postprandial states.

The pharmacokinetics of furosemide are reported to be linear over the oral dosage range of 20–80 mg.⁶¹

Furosemide plasma profiles often exhibit secondary or multiple peaks following either oral or i.v. administration.^{52,62,63} These phenomena have been attributed to enterohepatic cycling of the drug.⁵⁰ However, furosemide is mainly excreted in the urine, largely unchanged. There is some excretion via the bile and nonrenal elimination, but the small amount of furosemide reabsorbed after biliary elimination is not sufficient to account for the secondary peaks.²⁰ Other authors explain the multiple plasma peaks with an erratic absorption behavior.⁶⁴ However, this hypothesis is not consistent with multiple peaks after i.v. administration.

Permeability

Several authors report permeability data of furosemide;^{25,65–72} they are shown in Table 3. Furosemide is a known substrate of efflux transporters.⁶⁵ Motz²⁵ applied a proton gradient between an apical to basolateral compartment (A-B) transport study with $A = \text{pH } 6.5$ and $B = \text{pH } 7.4$, respectively, resulting in a flux–efflux high ratio of ~ 50 . The large directional differences in transport rates in the Caco-2 cells have been attributed to the secretion of this API by efflux systems such as the P-glycoproteins on the one hand and to a significant paracellular contribution to passive uptake on the other hand.^{68,69}

It has been reported that apparent permeability (P_{app}) of furosemide can be affected by the presence of the excipient Tween-80[®] (polysorbate 80). Rege et al.⁷⁰ reported an increase in the apical-to-basolateral (A-B) transport of furosemide in the presence of Tween-80[®], which neutralized the asymmetry in transport. Polysorbate 80 is a known P-glycoprotein inhibitor.⁷³ Motz²⁵ confirmed the Tween-80[®] effect, observing not only an increase in P_{app} (A-B) but also a decrease in P_{app} basolateral-to-apical (B-A) in a Caco-2 cell model. Motz²⁵ also found that vitamin

Table 3. Permeability of Furosemide

Method	Furosemide ($P_{\text{app}}/P_{\text{eff}} \times 10^{-6}$ cm/s)	Metoprolol ($P_{\text{app}}/P_{\text{eff}} \times 10^{-6}$ cm/s)	Refs.
Intestinal perfusion	5.0	1300	72
Caco-2	0.11	—	65
Caco-2	0.12	23.7	66
Caco-2	0.2	23.6	67
Caco-2	0.2	—	68
Caco-2 (A-B) ^a	0.12	—	69
(B-A) ^b	2.74	—	
Caco-2 (A-B)	0.2	—	24
(B-A)	10.4	—	
Caco-2 (A-B)	0.5	—	70
(B-A)	6.46	—	
Caco-2 (A-B)	0.3	18.8	71

When metoprolol was included as a reference, its permeability is also reported.

^aApical-to-basolateral transport.

^bBasolateral-to-apical transport.

E d-alpha-tocopheryl poly(ethylene glycol)succinate, another P-glycoprotein inhibitor,⁷³ increased P_{app} (A-B) of furosemide, while P_{app} (B-A) was reduced.

Distribution, Metabolism, and Elimination

Furosemide is up to 99% bound to plasma proteins.³⁰ The clearance of furosemide is generally reported to be in the range of 0.09–0.18 L/h/kg. The half-life of furosemide is in the range of 30–120 min and it is mainly excreted in the urine, largely unchanged.²⁰ In end-stage renal disease the half-life may reach almost 10 h and in neonates the half-life is also prolonged, since renal function is not yet mature at birth. As well as renal elimination there is also some excretion via the bile, with the role of nonrenal elimination considerably greater in renal impairment.⁵⁰

Furosemide has two metabolites, furosemide glucuronide, and saluamine.

DOSAGE FORM PERFORMANCE

Excipients and/or Manufacturing Variations

Reports of BE studies between furosemide IR drug products show inconsistent results.^{74–78} However, most of these studies were carried out 20–30 years ago, when BE was not defined according to the current biostatistical standards. Nowadays drug products are considered bioequivalent if, with high probability, the hypothesis that two formulations are bioinequivalent can be rejected,^{26–29} whereas at the time most of the literature studies were conducted, two formulations were considered bioequivalent if no significant differences in pharmacokinetic parameters were observed. As a result, in several early studies formulations were reported to be bioequivalent, even though by current biostatistical standards these formulations would not have met BE criteria due to insufficient power in the study design. Additionally, most references do not report results in sufficient detail to allow recalculation of the data according to current biostatistical criteria.

Beermann et al.⁷⁴ compared the BA of two marketed brands of furosemide, Impugan[®] (A/S Dumex, Copenhagen, DK) and Lasix[®] (Hoechst AG, Frankfurt (M), DE), in five healthy volunteers. The compositions of the products were not reported. Although time of the peak levels, AUC and the urinary recovery after the oral administration did not differ significantly using Student's paired *t*-test, the power of the study was undoubtedly too weak to conclude that the two products were bioequivalent.

A Thai study⁷⁹ compared the *in vitro* dissolution and clinical response among marketed furosemide drug products. The compositions of the products were not reported. The *in vitro* dissolution of thirteen

different brands of 40 mg furosemide tablets available in Thailand was evaluated. Only four brands passed the specification for dissolution (apparatus 2 at 50 rpm in pH 7.4 phosphate buffer). The original brand (brand A) and the three local brands (brand B, C, and D) which showed differences in dissolution characteristics were selected for a BA study in eight healthy subjects. Plasma furosemide concentrations and urine output, and sodium, chloride, and potassium excretion were measured. The relative BA of furosemide with respect to brand A was 70% (brand B), 113% (brand C), and 95% (brand D); these differences were deemed not statistically significant different at a 95% confidence level, but certainly at least brand A would not have met the current 0.80–1.25 criterion for the AUC. As the clinical response in terms of diuresis and electrolyte excretion between the four brands was not significantly different at a 95% confidence level, the authors concluded that the formulations were clinically equivalent. Here again, the power of the study was likely too weak to appropriately detect differences.

Awad et al.⁸⁰ estimated the BE of Diusemide versus Lasix, each containing 40 mg of furosemide, in 20 healthy volunteers. The compositions of the products were not reported. No significant differences were found in AUC, C_{max} , t_{max} , cumulative urine volume, cumulative sodium and potassium excretion. Although this analysis led the authors to conclude to BE between the two products, the power of the study was undoubtedly too weak to conclude that the products were bioequivalent using today's BE standards.

Nakib et al.⁸¹ reported BE of a brand of furosemide 40 mg tablets versus Lasix[®]. The compositions of the products were not reported. The study included 24 fasting, healthy, male volunteers and 90% confidence intervals of the ratios of AUC_{0-t} , $AUC_{0-\infty}$, and C_{max} of the two formulations were within the 80–125% range. Applying current BE standards, the two products would be declared bioequivalent.

Cuadrado et al.⁸² studied two 40 mg furosemide formulations versus a reference, the identity of which not was revealed. The compositions of the products were also not reported. The study included 24 healthy volunteers; plasma furosemide concentrations, urine output and sodium, chloride, and potassium excretions were measured. $AUC_{0-\infty}$, and C_{max} and were tested for BE after ln-transformation and ratios of t_{max} were evaluated nonparametrically. Ninety percent confidence intervals for $AUC_{0-\infty}$ were 0.94–1.19; for C_{max} 0.96–1.31 and for t_{max} 0.55–1.00, respectively and BE between both formulations was concluded by the authors for all parameters except for t_{max} . The methodology used was in line with current standards, but many regulatory authorities would conclude that these formulations do not meet current BE criteria,

since for C_{\max} an acceptance criteria of 0.8–1.25 is generally applied.

Grahnén et al.⁵³ reported a study of two tablet formulations, Lasix[®] and Furix[®], each at a dose of 40 mg, in eight healthy subjects. For these subjects the products were deemed nonequivalent, based on AUC: However, after extending the study to 16 subjects, the authors considered the products to be bioequivalent, based on a <6% probability that there was a >20% difference in AUC. This criterion does not correspond to current BE criteria.

Studies suggesting bioinequivalence² between furosemide tablets have also been reported. Wolf-Coporda et al.⁸⁴ evaluated two oral preparations of furosemide, a Croatian test product and the reference preparation, Lasix[®] (Hoechst AG), at a dose of 500 mg in 15 healthy male volunteers. The compositions of the products were not reported. The test product showed a considerably higher C_{\max} ; statistically significant shorter t_{\max} and significantly higher AUC than the reference preparation. The relative BA of the test product was 129% and thus not equivalent to the reference according to current BE standards. These products maybe even bioinequivalent, in view of the large differences in the point estimates of these pharmacokinetic parameters. The brand with the highest C_{\max} also showed the fastest *in vitro* dissolution but the test conditions used were not reported.

McNamara et al.⁵⁷ evaluated three brands of 40 mg furosemide tablets, one of which was Lasix[®], and one oral solution in 12 volunteers. For two brands, including Lasix[®], two different batches were included in the study, one of which was designated as reference. The compositions of the formulations were not reported. Plasma and cumulative urine concentrations of furosemide were measured, as well as the *in vitro* dissolution of the tablets in USP Apparatus II (paddle) at 50 rpm in acetate buffer pH 4.6 and 5.6. With respect to the usual pharmacokinetic parameters, all tablet formulations were significantly different from the reference at the 95% confidence level, with point estimate BA ranging from 70% to 91%. This study also reported a wide intra-subject variability from oral dosage forms. Applying current BE standards, it would most probably be concluded that all tested tablet formulations failed to meet the BE criteria; some of these formulations might even be declared bioinequivalent.

²Bioinequivalence implies that the regulatory defined confidence interval of one, or more, BE attributes (AUC , C_{\max} , T_{\max}) falls fully outside of their regulatory acceptance range, whereas failure to meet BE criteria implies that the regulatory defined confidence interval of one, or more, BE attributes does not fully fall inside their regulatory acceptance range.⁸³

Rubinstein and Rughani⁸⁵ studied furosemide 40 mg tablets, prepared with four different binders: polyvinylpyrrolidone, starch mucilage, stearic acid, and methylhydroxyethyl cellulose. BA was assessed in four healthy males with reference to an oral solution. The tablets containing polyvinylpyrrolidone and methylhydroxyethyl cellulose showed point estimate of relative BA values of 72% and 72%, respectively, while the starch mucilage formulation and the stearic acid formulation showed relative BA values of 54% and 35%, respectively. This considerable decrease of the BA of furosemide by starch and stearic acid was not confirmed by other excipient interaction data, see below. As this study was severely underpowered, it is not possible to draw any robust conclusions from the data.

Table 2 shows the excipients present in IR furosemide tablets with an MA in various countries. As over the years the criteria for BE have been changed, it cannot be assumed that all these drug products successfully had passed an *in vivo* BE study that would be in conformity with the present regulations. However, in view of their MA, there can be little doubt on their clinically efficacy and safety. It can therefore be argued that the excipients present in these drug products do not exert a significant effect on the rate and extent of absorption of furosemide. Table 2 includes polysorbate 80, an excipient which showed an effect on the Caco-2 permeability of furosemide.⁷⁰ This suggests that the Caco-2 excipient interaction studies may have overdiscriminated. Table 2 also includes starch and stearic acid, excipients which were reported by Rubinstein and Rughani to decrease the BA of furosemide considerably is possible that the amounts used were quite different between the test formulations and those described in Table 2.

Dissolution and *In Vitro*–*In Vivo* Correlations (IVIVCs)

The USP 32 specification for dissolution of furosemide tablets is not <80% (Q) dissolved in 60 min in 900 mL of pH 5.8 phosphate buffer, using the paddle apparatus at 50 rpm.³⁰

There are some reports describing successful IVIVCs for furosemide drug products.^{82–86} Rubinstein and Rughani⁸⁵ reported that the observed differences in BA of furosemide tablets with different excipients were reflected in *in vitro* drug release in distilled water. Stüber et al.⁸⁶ studied the BA of six commercial tablet preparations in six volunteers. The identities and the composition of the tested tablets were not reported. One tablet reached only 80% of the AUC of the reference tablet; its C_{\max} was lower and its t_{\max} longer. The tablet with the lowest BA in term of AUC, C_{\max} , and t_{\max} also showed lower *in vitro* dissolution than the reference tablet in each of four different methods: pH 7.8/paddle 25 rpm; pH 7.8/

paddle 50 rpm; pH 5.3/paddle 50 rpm and flow-through cell/pH 7.8. The difference *in vitro* dissolution was most pronounced at pH 5.3/paddle 50 rpm; under this condition the time needed to reach 50% dissolution for the tablet with the low BA was 4.4 times greater than the reference.

Investigating the dissolution of two brands of furosemide tablets Prasad et al.⁸⁷ found negligible differences at pHs higher than 4.6; the brand dissolving poorly at pH 4.6 also had an inferior BA with respect to both C_{max} and AUC. In a study of four commercial and two experimental furosemide tablets Kingsford et al.⁸⁸ reported a good correlation between the percentage dissolved in 30 min in buffer pH 5.0 at 37°C in the rotating basket and the percentage of furosemide recovered in the urine.

McNamara et al.⁵⁷ tested five lots of furosemide tablets for dissolution in acetate buffer at pH values of 4.6 and 5.6, using a USP paddle apparatus at 50 rpm at pH 4.6 and 5.6. The products dissolved faster and more completely at pH 5.6. Correlations of mean *in vivo* parameters with *in vitro* dissolution approached statistical significance, with a somewhat higher correlation with the parameters derived from dissolution at pH 4.6 than at pH 5.6. However, since two products showing only small differences in pharmacokinetic parameters exhibited marked differences in dissolution at pH 4.6, the authors concluded that this medium was overly discriminating and that the pH 5.6 medium would be more appropriate for assuring batch uniformity and BE of furosemide products.

Waller et al.⁵⁶ compared tablets *in vivo* and *in vitro* of identical composition but produced by a slightly different manufacturing method. The *in vivo* study in 21 healthy human volunteers showed the relative BAs of two tablets to be 89% and 101% compared to the solution, respectively, as determined by AUC, and these were reported to be not different at a 95% confidence level. After 30 min dissolution testing at pH 5.8 in the paddle apparatus operated at 50 rpm, one tablet showed 83% dissolution, the other tablet 49% dissolution. Under the same conditions, but using a medium composed at pH 4.6, the same tablets released 41% and 17%, respectively. Since the two products show only small differences in pharmacokinetic parameters, but marked differences in dissolution at pH 5.8, and even larger differences at pH 4.6, this study suggested that dissolution testing of furosemide tablets tends to be overly discriminating, particularly at pH 4.6. Qureshi and McGilveray⁸⁹ reported a collaborative study on the *in vitro* dissolution of 40-mg furosemide tablets in buffer pH 5.8 and buffer at pH 4.6. About 20–38% of the variability in dissolution was not product related but came from the dissolution test itself.

DISCUSSION

Solubility

Solubility criteria defined in present regulatory guidances^{26–29} for classifying an API as *highly soluble* require the highest dosage strength to be soluble at 37°C in 250 mL aqueous solution over the pH range of 1.0–6.8, according to the EU^{28,29} and WHO²⁶ guidances, or 1.0–7.5 according to the FDA guidance.²⁷ The dose to solubility ratio (D/S) at 37°C of the most often used strength, 40 mg, exceeds the critical value of 250 mL at pH 4.8 and below; the 500 mg tablet exceeds the critical D/S value at pH 5.0 and below, see Table 1. Hence, furosemide is not *highly soluble*.

Absorption and Permeability

The FDA defines *highly permeable* as having a fraction dose absorbed of not <90%.²⁷ The WHO Guideline set a limit of not <85% of the fraction dose absorbed.⁹⁰ The EMEA Note for Guidance presently in force is less precise, stating that “linear and complete absorption indicating high permeability reduces the possibility of an IR dosage form influencing the BA.”²⁸ The draft revision to that Guidance states that an extent of absorption $\geq 85\%$ is generally related to high permeability.²⁹

Furosemide is incompletely absorbed after oral administration to healthy subjects and also in patients with various diseases.^{59,91} Additionally, Attachment A of the FDA Guidance classifies furosemide as having low permeability.²⁷

Caco-2 data are in line with that classification. For drug transport in Caco-2 monolayers, a cutoff point for *highly permeable* APIs of $P_{app} = 10^{-5}$ cm/s, was proposed to ensure a fraction dose absorbed higher than 95%.⁹² Similarly, a cutoff limit of P_{app} from 2×10^{-6} to 10^{-5} cm/s as a boundary of *highly permeable* were proposed by Rinaki et al.⁹³ Other workers proposed that a cutoff limit of P_{app} of 2×10^{-6} cm/s in Caco-2 is commensurate with 100% absorption.⁹⁴ The apical-to-basolateral, that is, the absorptive P_{app} values reported for furosemide, being in the range of $0.1\text{--}0.5 \times 10^{-6}$ cm/s, are a factor of 4–20 below these boundary values. It can be questioned if absolute Caco-2 permeability data are not so laboratory specific that a general limit cannot be set. However, Table 3 shows that in all studies where metoprolol was included as a reference, the permeability of furosemide was far lower than the permeability of metoprolol; metoprolol is the reference substance in classifying any other substance as *highly permeable* or *not highly permeable*. And the logP and ClogP values are likewise in line with the classification of furosemide as *not highly permeable*, although correlations of logP values with human intestinal permeability show both false positives and negatives.³⁷

BCS Classification

The most recent WHO Guideline,⁹⁰ as well as Kasim et al.³⁷ and Lindenberg et al.,⁹⁵ all classify furosemide as Biopharmaceutics Classification System (BCS) Class IV. Moreover, Wu and Benet⁹⁶ classified furosemide as Class IV in their Biopharmaceutics Drug Disposition Classification System (BDDCS), a system using the disposition characteristics of an API as an estimate of its GI permeability. On the basis of literature data presented in this monograph, new data generated, as well as the classification of furosemide by other groups, it can be concluded that furosemide belongs to BCS Class IV.

Risk of Nonequivalence Caused by Excipients and/or Manufacturing

Many studies reported in the literature asserted that the drug products studied were bioequivalent, but most studies used small subject numbers and statistical methods that do not meet current requirements. Only the Nakib et al.⁸¹ and Cuadrado et al.⁸² studies appeared to have reached a BE conclusion based on currently accepted methodology. On the other hand, in the Thai,⁷⁹ Wolf-Coporda et al.,⁸⁴ McNamara et al.,⁵⁷ and Rubinstein and Rughani⁸⁵ studies, at least one of the products showed such large differences in pharmacokinetic parameters from those of the comparator that it is most likely that that product would be declared *bioinequivalent* after application of statistical testing. Although most of these products were exploratory or test formulations, the results indicate that changes in composition and/or variations in manufacturing techniques can indeed have an impact on the BA of furosemide.

Surrogate Techniques for *In Vivo* BE Testing

A variety of dissolution test conditions have been used to link *in vitro* to *in vivo* performance. In general, the results indicate that dissolution in media with a pH in the range of pH 5.0 to 5.8, that is, the pH of the USP dissolution test, will detect differences in BA. Testing in more acidic dissolution media, such as pH 4.6, tends to be overly discriminating, whereas tests in more alkaline media, such as pH 7.8, tend to lose discriminatory power. To date, however, there are not enough data with any one set of *in vitro* test conditions to allow a firm conclusion on its reliability as a predictor for *in vivo* performance.

Further, there are hints in the literature data that *in vitro* permeability of furosemide may show an excipient interaction and there is not enough evidence to rule out the possibility of such an interaction *in vivo*. It is noted that *in vitro* dissolution testing is not indicative for *in vivo* permeability effects.

Patient's Risks Associated With Nonequivalence

The regulations of the FDA, the WHO, and also the draft Guideline on BE of the EU exclude Narrow Therapeutic Index (NTI) drugs from biowaiving.^{26,27,29} The therapeutic plasma concentration for furosemide ranges from 1 to 6 $\mu\text{g/mL}$, with toxicity occurring in the range 25–30 $\mu\text{g/mL}$.⁹⁷ According to the FDA definition of NTI,⁹⁸ furosemide is not a NTI drug, since there is more than a twofold difference between the minimum toxic concentration (25 $\mu\text{g/mL}$) and the minimum effective plasma concentration (1 $\mu\text{g/mL}$). The Pan American Health Organization PAHO classified furosemide as an intermediate health-risk drug in view of the margin between the nontoxic maximum and effective minimum concentrations and its adverse effects. This organization classified furosemide as having an intermediate probability of a minor complication of the disease and/or mild adverse reactions at plasma concentrations outside the therapeutic window of the drug.⁹⁹ The current EU regulation does not mention the concept of NTI, but states that noncritical therapeutic range should be considered, defined as requirements of special precautions with respect to precision and accuracy of dosing, for example, the need for critical plasma concentrations.²⁸

Furosemide is used for serious indications such as cardiac insufficiency and pulmonary hypertension. In many therapeutic situations, including edema of varying severity and oliguria, dose titration in the individual patient is recommended.²⁰ This is partly because furosemide shows large intra- and inter-subject variabilities in BA after oral administration and partly due to variability in patient response to furosemide. Although a *bioinequivalence* between two furosemide drug products could easily be masked by the large intra- and inter-subject variabilities in BA and the dose titration, approving drug products which cannot meet BE criteria is not an option for health authorities.

CONCLUSION

Furosemide is BCS Class IV, so both the *in vivo* dissolution and the *in vivo* permeability can be critical to *in vivo* performance of oral furosemide drug products. No data are available in the literature about its stability in human gastric and intestinal fluids. Likewise, no surrogate methods have been identified in the literature that would reliably forecast the *in vivo* performance of oral furosemide products. Further, *in vivo* excipient effects on permeability of furosemide cannot fully be ruled out. Therefore, a biowaiver for the approval of new multisource IR solid oral products containing furosemide is inappropriate and BE should be

established with an *in vivo* BE study. This conclusion supports current regulatory guidances^{26–29} which do not allow biowaivers for new multisource drug products containing BCS Class IV APIs.

Changes in approved drug products, such a change in the manufacturing formula, in the manufacturing process, in manufacturing sites and/or equipment also necessitate demonstration of BE. If small, such changes may be approvable without an *in vivo* BE study. The FDA describes such postapproval changes as SUPAC level 1 and level 2.¹⁰⁰ The EU has a comparable system.¹⁰¹ When a change to an approved furosemide IR drug product falls into such category, the data presented in this monograph (including the excipient table for products with an MA) can be helpful to assess how critical the change is to product BE.

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