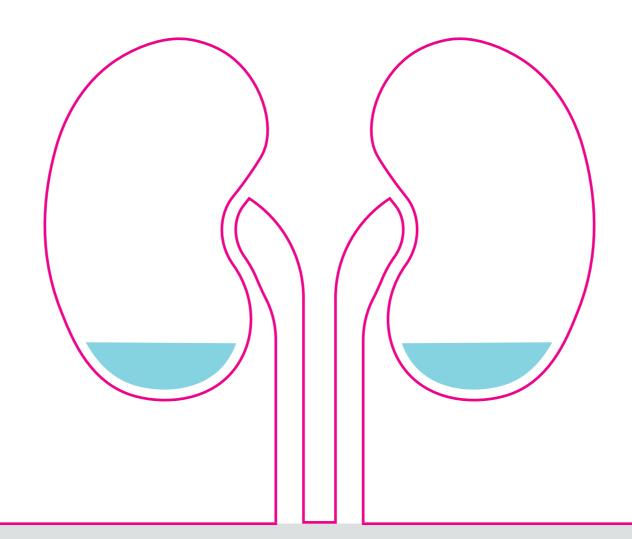
### Did you know?

# You can lose up to 90% of your kidney function before experiencing any symptoms<sup>1</sup>

Your kidneys are vital for filtering out the waste from your body and keeping you healthy<sup>1,2</sup>



Speak to your pharmacist if you have one or more of the following risk factors<sup>2,3</sup>



Cardiovascular disease



High blood pressure



Diabetes



Obesity



Smoking

### Get checked for chronic kidney disease (CKD)

- Check your kidney function with available tests
- Know and understand your kidney numbers
- Discuss your risk with your healthcare professional



Talk to your pharmacist about your risk today. Your kidneys will thank you!

1. World Kidney Day. Chronic kidney disease. Available at: https://www.worldkidneyday.org/facts/chronic-kidney-disease (Accessed July 2022).

National Institute of Diabetes and Digestive and Kidney Diseases. What is chronic kidney disease? Available at: https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/what-is-chronic-kidney-disease (Accessed July 2022).
 National Kidney Foundation. Kidney disease: the basics. Available at: https://www.kidney.org/sites/default/files/web\_kidneybasics\_v4.pdf (Accessed July 2022).





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For more information about CKD, scan the QR code or go to kidneyquiz.theisn.org

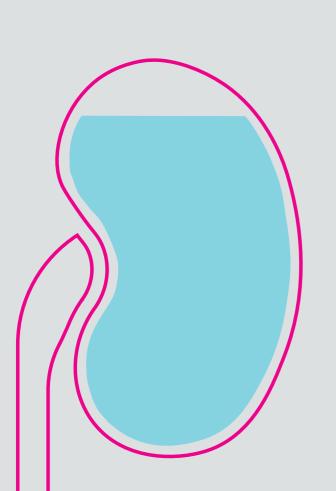


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## Are you living with diabetes?

Around 1 in 3 people with diabetes will develop chronic kidney disease (CKD)<sup>1</sup>







CKD is often called a "silent disease", with most people feeling no symptoms in the early stages<sup>2</sup>



### **GOOD NEWS!**

Early diagnosis and taking action can help delay or even prevent kidney failure and the need for dialysis or transplant<sup>2</sup>

### If you have diabetes

- C
- Check your kidney function with available tests
- K
- Know and understand your kidney numbers
- Discuss your risk with your healthcare professional



Talk to your pharmacist about your risk today. Your kidneys will thank you!

1. National Kidney Foundation. Kidney disease: the basics. Available at: https://www.kidney.org/sites/default/files/web\_kidneybasics\_v4.pdf (Accessed July 2022).

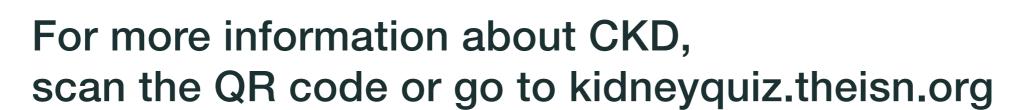
2. World Kidney Day. Chronic kidney disease. Available at: https://www.worldkidneyday.org/facts/chronic-kidney-disease (Accessed July 2022).

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# Do you have high blood pressure?

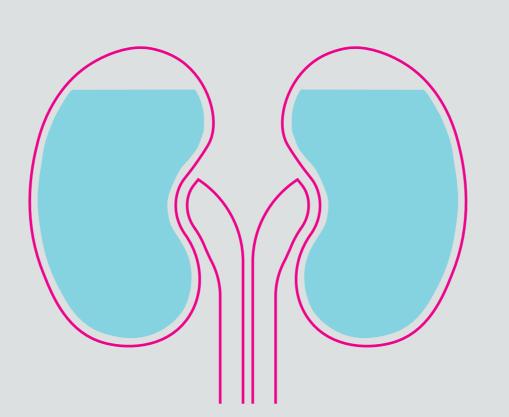
High blood pressure is the second leading cause of chronic kidney disease (CKD) after diabetes<sup>1</sup>





CKD is often called a "SILENT DISEASE",

with most people feeling no symptoms in the early stages<sup>2</sup>





#### **GOOD NEWS!**

Early diagnosis and taking action can help delay or even prevent kidney failure and the need for dialysis or transplant<sup>2</sup>

### If you have high blood pressure

C

• Check your kidney function with available tests

K

Know and understand your kidney numbers

Discuss your risk with your healthcare professional



Talk to your pharmacist about your risk today. Your kidneys will thank you!

1. National Institute of Diabetes and Digestive and Kidney Diseases. What is chronic kidney disease? Available at: https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/what-is-chronic-kidney-disease (Accessed July 2022).

disease/chronic-kidney-disease-ckd/what-is-chronic-kidney-disease (Accessed July 2022).

2. World Kidney Day. Chronic kidney disease. Available at: https://www.worldkidneyday.org/facts/chronic-kidney-disease (Accessed July 2022).

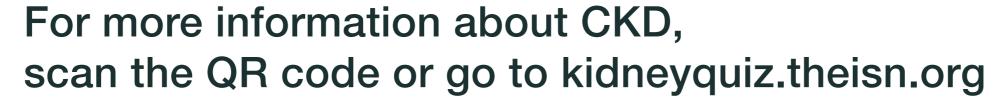


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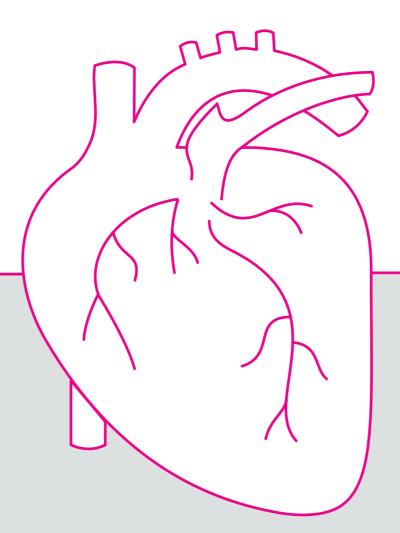
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### Do you have cardiovascular disease?

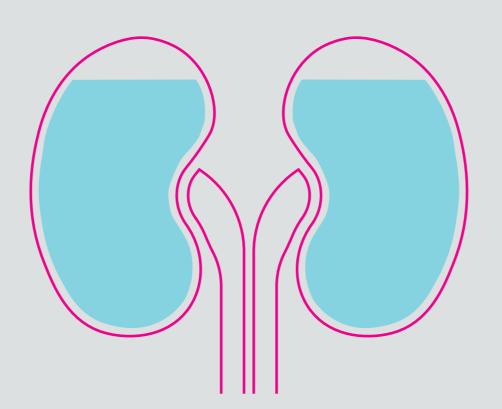
More than 50% of those with heart failure may have chronic kidney disease (CKD)<sup>1</sup>





CKD can often be a "SILENT DISEASE",

and not treating it can increase your chance of having heart disease<sup>2,3</sup>





### **GOOD NEWS!**

Early diagnosis and taking action can help delay or even prevent kidney failure and the need for dialysis or transplant<sup>2</sup>

### If you have cardiovascular disease

- Check your kidney function with available tests
- Know and understand your kidney numbers
- Discuss your risk with your healthcare professional



Talk to your pharmacist about your risk today. Your kidneys will thank you!

**1.** Ahmed A, Campbell RC. *Heart Fail Clin* 2008; 4:387–399.

2. World Kidney Day. Chronic kidney disease. Available at: https://www.worldkidneyday.org/facts/chronic-kidney-disease (Accessed July 2022).

3. National Kidney Foundation. Heart failure and CKD: what you need to know. Available at: https://www.kidney.org/sites/default/files/Heart\_Failure\_and\_CKD\_2018.pdf (Accessed July 2022).





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