

# Optimising medication with focus on deprescribing in older people with multidose drug dispensing system: a pilot study

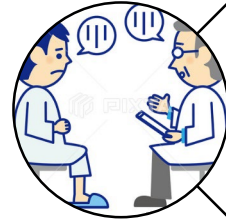
I herewith declare that I have:  
 no conflict of interests

Gert Baas, MSc

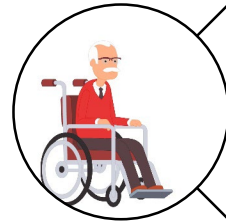
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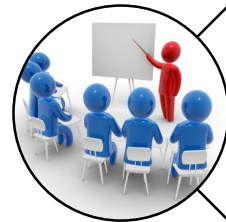
# Method



**CMR focused on deprescribing taking into account patient's preferences and health related problems**



**Frail older MDD-user ( $\geq 75$  years) with hyperpolypharmacy ( $\geq 10$  drugs)**



**Pharmacist trained at:  
communication, deprescribing en  
organisation**



**Toolbox: guideline, communication  
aid, research protocol**



# Results

24 patients included (84 years, 59% female)

Intervention completed in 22 patients

≥1 deprescribing recommendation in 20 patients

51 implemented deprescribing actions (2,3 per patient)

