

Optimising medication with focus on deprescribing in older people with multidose drug dispensing system: a pilot study

SIR

Institute for Pharmacy Practice and Policy

I herewith declare that I have: I no conflict of interests

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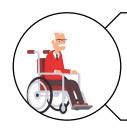
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Method



CMR focused on deprescribing taking into account patient's preferences and health related problems Institute for Pharmacy Practice and Policy



Frail older MDD-user (≥75 years) with hyperpolypharmacy (≥10 drugs)



Pharmacist trained at: communication, deprescribing en organisation



Toolbox: guideline, communication aid, research protocol



Results

24 patients included (84 years, 59% female)

Intervention completed in 22 patients

≥1 deprescribing recommendation in 20 patients

51 implemented deprescribing actions (2,3 per patient)

Deprescribing actions (n = 68) 25 20 15 10 5 0 calcium and vitamin... Blood Blucose lowering. Proton pump inhibitors ipid modifyin agents Urologische middelen Antithrombotic agents Bisphosphonates Antihypertensives Recommended Implemented



