



## The effect of an innovative mentalization-based communication skill training in pharmacy practice: a pilot study.

## Laura Schackmann<sup>1,2</sup>

l.schackmann@nivel.nl

M. Copinga<sup>2</sup>, M. Vervloet<sup>1</sup>, S. Crutzen<sup>2</sup>, E. van Loon<sup>2</sup>, P.S. Sterkenburg<sup>3</sup>, K. Taxis<sup>2</sup>, Dr. L. van Dijk<sup>1,2</sup>

<sup>1</sup> Nivel, Netherlands Institute for Health Services Research, the Netherlands

<sup>2</sup> Groningen Research Institute of Pharmacy, Unit of PharmacoTherapy, -Epidemiology & -Economics, University of Groningen, the Netherlands

<sup>3</sup> Vrije Universiteit Amsterdam, the Netherlands & Bartiméus Doorn, the Netherlands



## **Declaration of interest:**

I herewith declare that I have:

□received funding from the following companies:

• Teva, but not related to this study



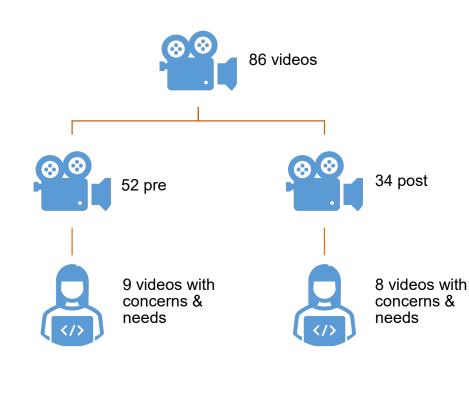
## **Mentalizing in pharmacy practice**

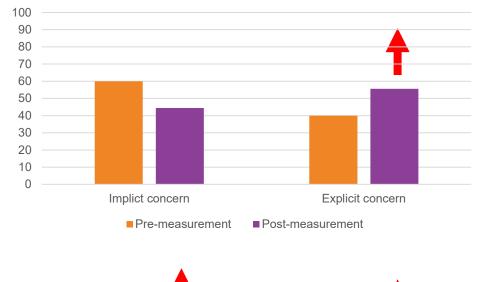
- Shift in patient-centered health care in pharmacy practice
- Stress ≠ effective communication
- Training on how to deal with own emotions and those of the patient 'mentalizing'
- Hypothesis: Better detection of concerns and needs about medication use

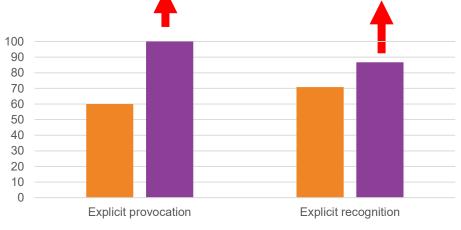












Pre-measurement Post-measurement





- Conclusion: explicit shift in concerns and reaction of pharmacy staff member.
- Stepping stone: larger study and implementation in pharmacy practice

