

“Health inclusivity through self-care: Ensuring equitable health for all through pharmacy across settings”



DATE AND TIME

Sunday, 11 October 2026
11.00 – 12.30 (CEST)



VENUE

Intercontinental, Budapester Strasse 2, Berlin
Room: Side Meeting V

PROGRAMME

The session will showcase the evidence linking self-care and health inclusivity with improved patient outcomes and public health and establish how pharmacists can support patients and carers in making informed health decisions. FIP will present its work in this area, highlighting the impact pharmacist can have in supporting patients and carers across both community and hospital settings, with a specific focus on promoting inclusive, equitable access to care.

Discussions will focus on meeting patient and population health needs, the established ambition to deliver universal health coverage, through primary health care. This will involve assessing the impact of self-care and health inclusivity and demonstrating the value of investing in pharmacy-led services to deliver improved health outcomes and stronger returns for health systems.

During this session we will bring together policymakers, healthcare professionals and global health partners to explore practical strategies for strengthening self-care through community-based services and community pharmacy. FIP will present the impact pharmacy can play in delivering things to patients and carers- examples from community and hospital with a focus on EQUITY of provision. We will draw on case studies to show how this has worked.

This side event programme will be as follows:

- Welcome and opening remarks – **Dr Catherine Duggan, FIP Chief executive officer** – 5mins
- The global picture from pharmacy's perspective – **Dr Catherine Duggan, FIP Chief executive officer** – 15 mins
- Equity through health inclusivity: The global picture – **Dr Pascale Allotey, Director, Department of sexual, reproductive, maternal, child, adolescent health and ageing & human reproduction, WHO** – 15 mins
- Health inclusivity: The evidence from the industry – **Ms Carolyn Solan, Haleon global external partnerships lead** – 15 min
- Panel discussion – Chaired by **Dr Catherine Duggan, FIP Chief executive officer** – 30 mins
- Closing remarks – **Dr Catherine Duggan, FIP Chief executive officer** – 5 mins

The International Pharmaceutical Federation (FIP) represents over 5.5 million pharmacists, pharmacy educators and pharmaceutical scientists globally.

