COVID-19 SUMMARY GUIDANCE #6

Cleaning and disinfection management

Viability of SARS-CoV-2 on aerosols and different surfaces

It is not certain how long the virus that causes COVID-19 survives on surfaces, but it seems likely to behave like other coronaviruses. A recent review of the survival of human coronaviruses on surfaces found large variability, ranging from 2 hours to 9 days.

Many disinfectants are active against enveloped viruses, such as the COVID-19 virus, including commonly used hospital disinfectants. Currently, WHO recommends using:

- 70% ethyl alcohol to disinfect small areas between uses, such as reusable dedicated equipment (for example, thermometers);
- sodium hypochlorite at 0.5% (equivalent to 5000 ppm) for disinfecting surfaces.

Disinfectants or disinfection methods for commonly contaminated objects

SARS-CoV-2 is sensitive to:

- Ultraviolet radiation
- Heat (56°C for 30 minutes)
- Disinfectants (for one minute):
 - Ether
 - Ethanol (62-75%)
 - Hydrogen peroxide 0.5%
 - Sodium hypochlorite 0.1%
 - Other chlorine-containing disinfectants
 - o Peracetic acid
 - Chloroform
 - (Chlorhexidine could not effectively inactivate SARS-CoV-2)

Recommended applications

Hands: Soap and water, alcohol-containing quick-drying hand disinfectant, chlorine-containing disinfectant, hydrogen peroxide

Skin: 0.5% iodine-based disinfectant, hydrogen peroxide

Mucosa: 0.05% iodine-based disinfectant

