

REFLECTIONS OF PHARMABRIDGE FELLOWSHIP



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GENESIS OF FIP FELLOWSHIP... PHARMABRIDGE



Tracking Prof. Ken Schafermeyer: From Habitat to Karnataka State Pharmacy Council



In 2001, when I contacted Dr. Wehli, I was working as the Deputy Director in the first Medicines Information Center accessible to anyone, which was operated by Karnataka State Pharmacy Council

Welcome by Assistant Drug Controller, Karnataka and member of the Karnataka State Pharmacy Council

ST. LOUIS COLLEGE OF PHARMACY AND WISCONSIN HOSPITAL IN 2002

- 6 weeks training in each of the two sites
- Prof. Schafermeyer had organized the following at St. Louis College of Pharmacy:
- Supported my accommodation expenses at the Nurses dormitory
- 1. I attended lectures in Pharmacy Practice which incorporated health promotion and Pharmacoeconomics;
- 2. I shadowed preceptors in academic, hospital and community pharmacy settings
- 3. I attended Pharmacy and Therapeutics Committee meetings
- I also met professionals who became friends- Eg: Dr. Shabana who was studying Pharm D in 2002

Introduced by President, KSPC



Visit and guest lecture at Karnataka State Pharmacy Council, India



Excellent mentor- TIMELY, REALISTIC Advise – to attend the 61st FIP at Singapore

PHARMABRIDGE AND ST. LOUIS – EFFECTS OF A POTENT COMBINATION

- Personal development
- Professional evolution
- Development of soft skills
- Self reflection time- and clarity of purpose
- Impact of 6 weeks- 20 pounds of paper- notes that were sent to me from all academics I shadowed
- Excitement for intensive engagement for increased impact

WISCONSIN HOSPITAL

- Wisconsin Hospital- Mr. Tom Thileke supported the airfare for my trip and organized for me to shadow several hospital pharmacists in various units.
- Dr. Michelle Lippcomon and Dr. Nilay Shah- assisted immensely
- Distinct difference in style of mentoring- but ultimately it was an experience that provided impetus to my last set of activities in Karnataka State Pharmacy Council and paved the path to 14 years of innovative approaches at Rhodes University in South Africa.

WHERE LEADERS LEARN AND WHERE LEARNERS LEAD

Rhodes has six Faculties:
 Commerce
 Humanities
 Law
 Pharmacy
 Education
 Science

All faculties offer various Bachelors, Honours, Masters and PhD programmes



POST ST. LOUIS AND WISCONSIN VISIT

- I wrote a Proposal for the first M. Pharm (Pharmacy Practice) in Bangalore as a collaboration of Karnataka State Pharmacy Council with Al Ameen College of Pharmacy
- Symbiotic professionalism produced excellent results
- Pharmacy Practice was established at Victoria Hospital, the biggest tertiary level public sector hospital in Bangalore, a massive metropolitan city
- From 2002 to July 2003 I was associated with this Pharmacy Practice program as a Visiting Faculty
- Now 14 years later, on relocating to Bangalore, India in July 2017, I am coordinating research activities with this Pharmacy Practice team and will be elaborated in the last slide.

ENHANCED COMMUNITY EXPERIENCE PROGRAM FOR PHARMACY STUDENTS AT RHODES BASED ON PHARMABRIDGE FELLOWSHIP EXPERIENCE



- Five students in each group
- Conducts interview- Disease; Drug;
 - Life style changes
 - Records interview
 - Records BP, B/d glucose
 - Counts pills (adherence)
 - Observer status- integrate



In August 2003, I moved to Pharmacy Practice, Faculty of Pharmacy, Rhodes University, South Africa



Initiated community outreach program and FIRST health promotion annual exhibit at the National Science Festival to reach out to the local population on local health based challenges and how they could be prevented.

These concepts were introduced to me during the Pharmabridge Fellowship

THE PHARMACY HEALTH PROMOTION EXHIBIT PROVED TO BE POPULAR AND WAS ALSO GIVEN AN AWARD FOR BEING ONE OF THE TOP SIX EXHIBITS AT SCIFEST 2007

“Comments from the judges were “a relevant, simple and thought provoking exhibition, very relevant to visitors both young and old especially as the diseases are not covered in the National Schools Curriculum.”

These concepts were highlighted to me during my Pharmabridge Fellowship



UNIVERSITIES ALLIED FOR ESSENTIAL MEDICINES, USA: INTERNATIONALISATION



VICE CHANCELLOR'S INAUGURAL DISTINGUISHED AWARD FOR CE- 2008

Enhanced Community Experience Program that we contributed for the progress of our students' learning also won us recognition and an award too.



UNIVERSITY OF OXFORD FELLOWSHIP – THE ASSOCIATION OF COMMONWEALTH UNIVERSITIES-TITULAR FELLOWSHIPS

Pharm D projects and outreach programs at St. Louis and Wisconsin taught me the need to improve these approaches at Rhodes. One of the opportunities was when I secured Oxford Fellowship and established research collaboration with them .



Recipient of the **University of Oxford Fellowship 2011**, under the Association of Commonwealth Universities Titular Fellowship. This Fellowship supported a research opportunity from July to August 2014 at the **British Heart Foundation Centre on Population Approaches for NCD Prevention**, Nuffield Department of Population Health, University of Oxford.

With their support, I have established the Workplace Health promotion for low literate support staff at Rhodes

INTERNATIONALISATION- KEY FOCUS AREA I PICKED UP DURING MY FELLOWSHIP



Association with : Boston school of Public Health; University of Groningen

MOU with KLE University, Belgium
India: 4 Master's and 2 PhD students came to Rhodes for research experience



Research collaborators and Internationalisation

Dr. Bhandankar, KLE University, India
Prof. Pei Yu of Jnan University, China



Prof. Seema Rath from India





OTHER OUTCOMES BASED ON PHARMABRIDGE TRAINING

Pharmabridge training in understanding research led to these outcomes after sustained efforts at Rhodes

1. Recipient of the Talloires Network **University Education for Transformative Leadership in Africa** Mini Grants in 2015 for Community Engaged Faculty and Staff. The program awards 10 individuals at universities throughout Africa working in community-engaged teaching, research and scholarship.
2. The community based participatory approach project that I conceptualized, initiated and have supervised over a period of four years for four Master's students has been featured in the **UNESCO e-book on community-university research partnership** (chapter 4: South Africa). Available at https://www.academia.edu/15060687/One_bangle_cannot_jingle_community-university_research_partnerships_in_South_Africa

Pharmabridge training in terms of teaching, designing assessment grids and evaluating work, led to my interest to study towards Post Graduate Diploma in Higher Education at Rhodes, which I qualified with a distinction. Eventually this led to Recipient of the **National Excellence in Teaching and Learning Awards 2014**, jointly made by the Council on Higher Education and the Higher Education Learning & Teaching Association of Southern Africa.

THANKOSI

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DANKIE

Shukriya

Dhanyawadagalu