

COVID-19: Implications for Pharmacists

Paul Reynolds, PharmD, BCCCP

Matthew Miller, PharmD, BCIDP

Gina Moore, PharmD, MBA

March 20, 2020



Skaggs School of Pharmacy
and Pharmaceutical Sciences

UNIVERSITY OF COLORADO
ANSCHUTZ MEDICAL CAMPUS



COLORADO
PHARMACISTS
SOCIETY



Learning Objectives

- ▶ Identify the unique clinical and epidemiological characteristics of Coronavirus (COVID-19) in the spectrum of viral clinical illnesses and previous Coronavirus (SARS, MERS) and non-Coronavirus (influenza, common cold) related illnesses
- ▶ Describe the epidemiological impact of interventions to reduce spread of disease in the setting of limited healthcare resources
- ▶ Summarize common clinical presentations of COVID-19 compared to other cold and influenza related illnesses and describe who should be receiving referral for testing
- ▶ Analyze emerging literature regarding potential treatment modalities for COVID-19
- ▶ Devise potential roles for pharmacists and technicians in a variety of healthcare settings for the management of a COVID-19 pandemic
- ▶ List the steps the Colorado Pharmacists Society (CPS) is taking to address COVID-19.
- ▶ Describe how CPS is collaborating with other professional pharmacy organizations and state and federal agencies.

Before Our Talk...



- Information regarding COVID-19 is rapidly evolving
- Quality of data in a pandemic is limited (especially early)
 - Case Series
 - Case Reports
 - Important to separate preliminary information from fact
 - Experimental conditions vs real world data
 - Efficacy of antivirals vs clinical efficacy
- Pharmacist's role:
 - Trusted
 - Source of truth
 - Separate science from theory and opinion

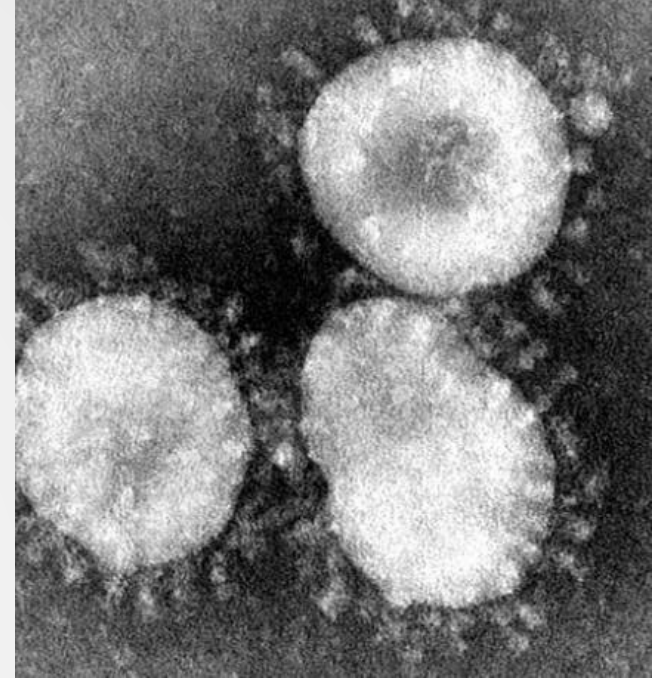
Introduction and Nomenclature

▶ Coronavirus as a Family of Viruses

- Positive sense RNA viruses
- Largest genome of RNA viruses
- Beta-Coronaviruses most common to infect humans
 - HCoV variants – the common cold (infecting humans for 800 plus years)
 - Mutant variants – SARS-CoV, MERS, SARS-CoV-2/COVID19

▶ COVID-2019

- Also known as “coronavirus” or SARS-CoV-2
- Origination in China (patient zero likely November or December 2019)
- 76% identical genome to SARS
- 96% identical genome to Cave Bat CoV



Origin

A.



B.



C.



Humans

CoV

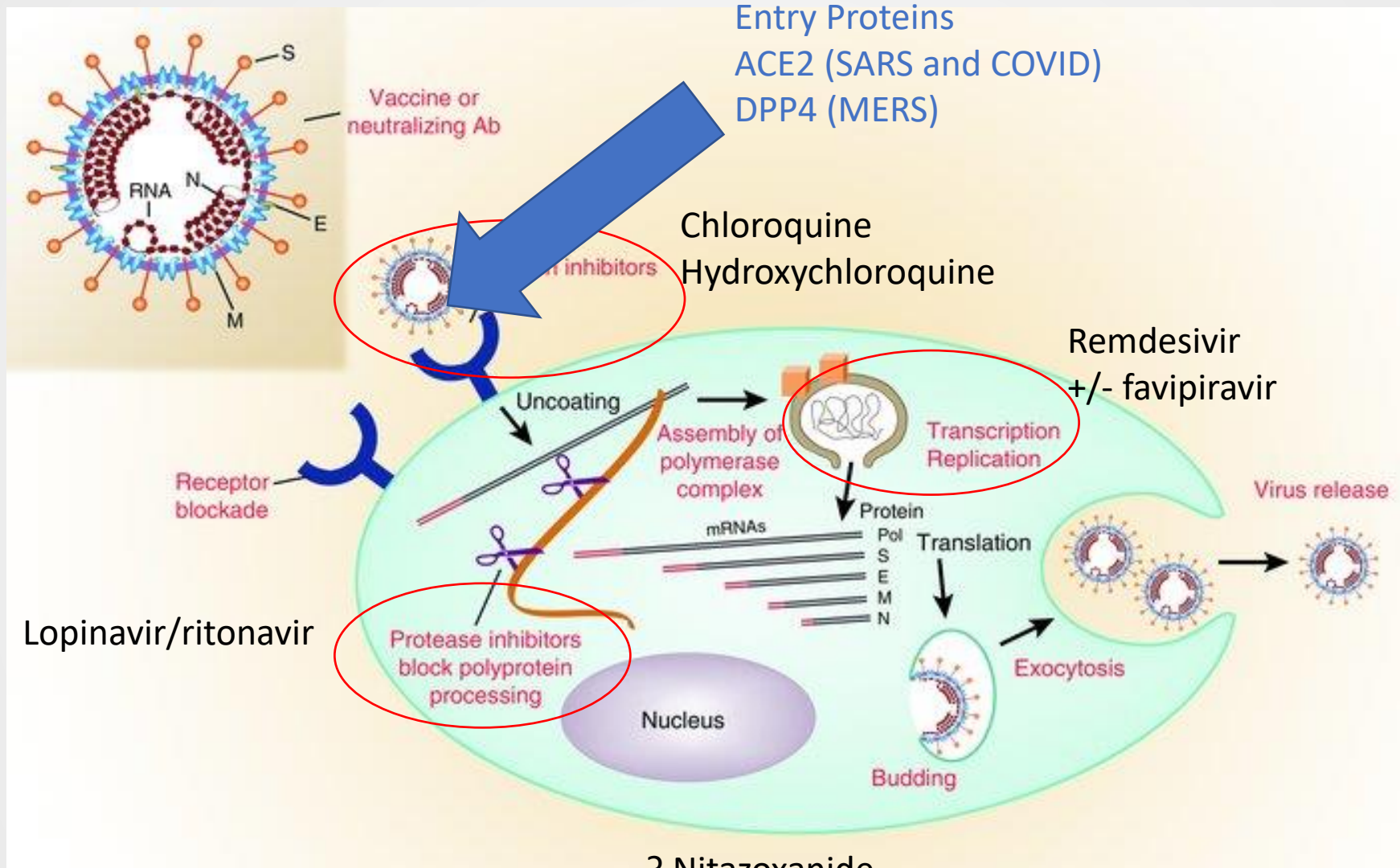
Humans

V

Humans

2

Pathogens 2020, 9, 186; doi:10.3390/pathogens9030186



J Clin Invest. 2003;111(11):1605-1609.
Cell Res. 2020 Mar; 30(3): 269–271.

COVID-19 Myth 1: ACE/ARB Treated Patients Do Worse Because of Viral Entry ACE Protein

Answer:
Could Happen But
No Data

ACC/HFSA/ESC say
do not discontinue
to prevent COVID-
19

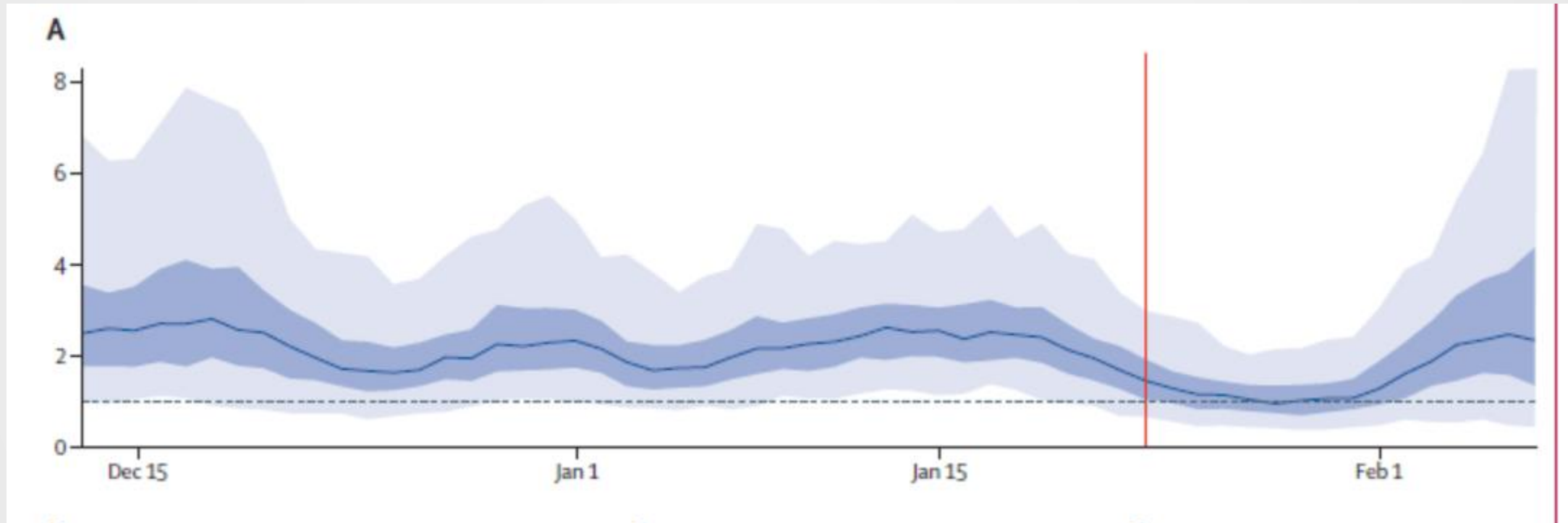


Few differences in#
hypertensive patients
with mild vs severe
disease

Image source amazon

Why Is COVID-19 So Clinically Relevant?

COVID-19 Has a Basic Reproduction (R_0) number of 2-3



Journal of Travel Medicine, 2020, 1-4

COVID-19 Myth 2: COVID-19 Can Live on Surfaces for Days

Answer 1: **Partially False**

Determined by Inoculum Size and Half Life on Object

Steel: 5.6 hours
Plastic: 6.8 hours

Very low inoculum at 72 hours but still there (same as SARS)



Image source amazon

Data source: <https://www.nejm.org/doi/full/10.1056/NEJMc2004973>

Answer 2:
Droplets are primary mode of transmission (Aerosol Half Life – 1 hour)

Asymptomatic patients with a high viral load can transmit (2 days before symptoms)

Why Is COVID-19 So Clinically Relevant?

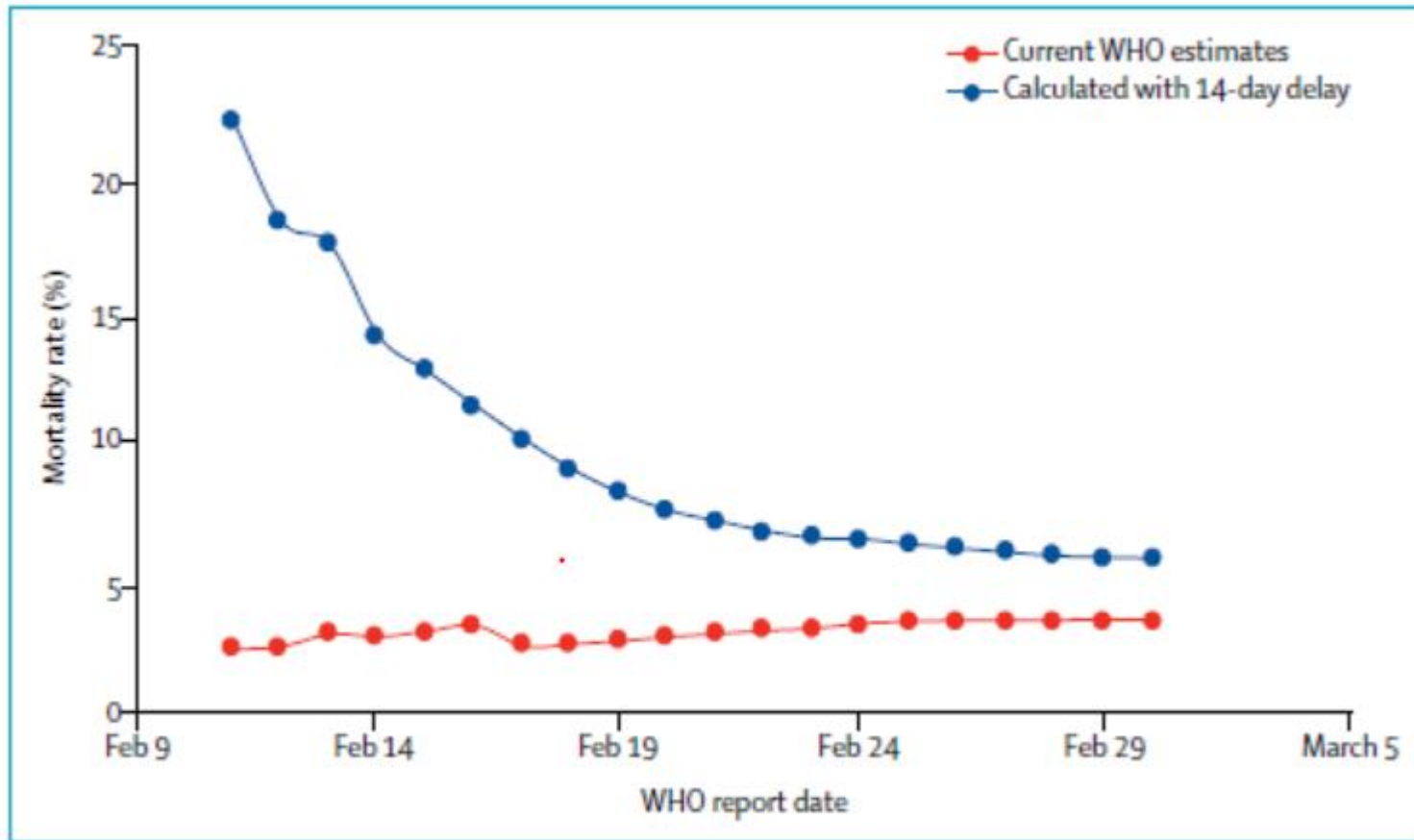


Figure: Global COVID-19 mortality rates (Feb 11 to March 1, 2020)

Source: CDC
Source: Baud et al Lancet Infectious disease 2020

UPDATE ON NEWLY DISCOVERED CORONAVIRUS

	SARS CoV	MERS CoV	SARS-CoV 2
Virion Structure	Enveloped RNA virus	Enveloped RNA virus	Enveloped RNA virus
Outbreak period	2003-2004	2012-present	Dec 2019-present
Initial site of isolation	Guangdong province, China	Saudi Arabia	Wuhan, China
No. of countries/cases	29	27	>70
No. of cases (mortality)	8,096 (9.6%)	2,494 (~34%)	~109,936 (N=3,806)(3.4%)* ✗6,129 critical (~14%)
No. of cases U.S.	8	2 (2014)	538 (WA, IL, CA, AZ, Mass, Wis)
Reservoir (intermediate host)	Bats (palm civet)	Bats (dromedary camels)	Bats (likely a zoonosis)
Incubation period	2-7 days (range, 2-21)	2-7 (range, 2-14 days)	2-14 days (mean 5-6)
Infectivity, rho	1.8-2.5	0.3-1.3	~3 (2.4-3.8)*
Super spreaders	Yes	Yes (common)	Yes (many examples)
Asymptomatic/mild Spread	No	Rare	Yes/Yes
Attack Rate	10.3% to 60%	4 to 20%	20-30%, 80% (early study)?
Transmission (including to HCP)	Droplet/Direct, Airborne/Indirect?	Droplet/Direct, Airborne/Indirect?	Droplet/Direct, Airborne/Indirect/Fecal
Treatment (PEP)	Supportive (none)	Supportive (none)	Supportive (drug ✗ EU)
Infection Prevention	Airborne, contact, face shield	Airborne, contact, face shield	Airborne, contact, face shield

*About 83% of cases are mild or asymptomatic, Mortality Rates are age Stratified:

Differentiating Symptoms

Symptom/Lab	COVID-19	Influenza	Common Cold
Fever	>80-90% – careful sometimes delayed!	>80-90%	Very Rare
Cough	70% of which majority is dry cough (30% sputum producing)	Often dry	Common – dry or wet
Myalgia/Fatigue	11-50%	Common	Rare
Immune effects	Leukopenia (30-60%) – T cell Depression	Rare	Never
Platelet effects	Thrombocytopenia (40-60%)	Rare	Never
Sneezing	No	Rare	Common
Congestion	No	Rare	Common
Sore Throat	13%	Rare	Common
Hospitalization Rate	4-16% (ICU)	0.03%	Rare
Cause of Death	Acute Respiratory Distress Syndrome (ARDS)	ARDS	Rare

Testing for COVID-19

▶ What tests are available?

- Standard of care: Real time rRT-PCR (Nasopharyngeal, oropharyngeal, bronchioalveolar lavage, aspirates, sputum)
- Alternative testing (in development): IgM ELISA, Point of care testing

▶ Who to test?

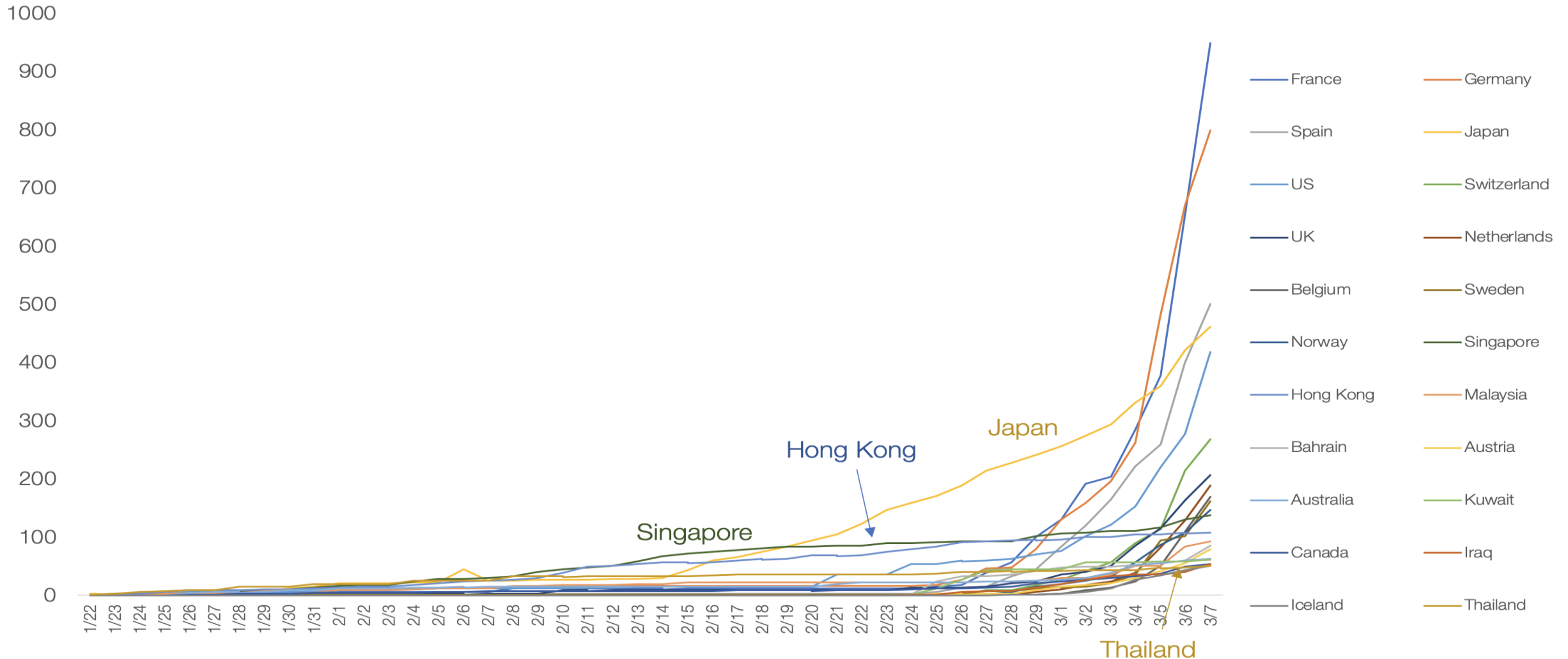
- At risk individuals with symptoms compatible with COVID-19
- Hospitalized patients with symptoms compatible with COVID-19
- Any persons (esp healthcare workers) within 14 days of close contact (from sx onset) of a confirmed COVID-19 patient

▶ Colorado: Mitigation strategies may go into effect

The Reason for Separation

Source: Medium.com

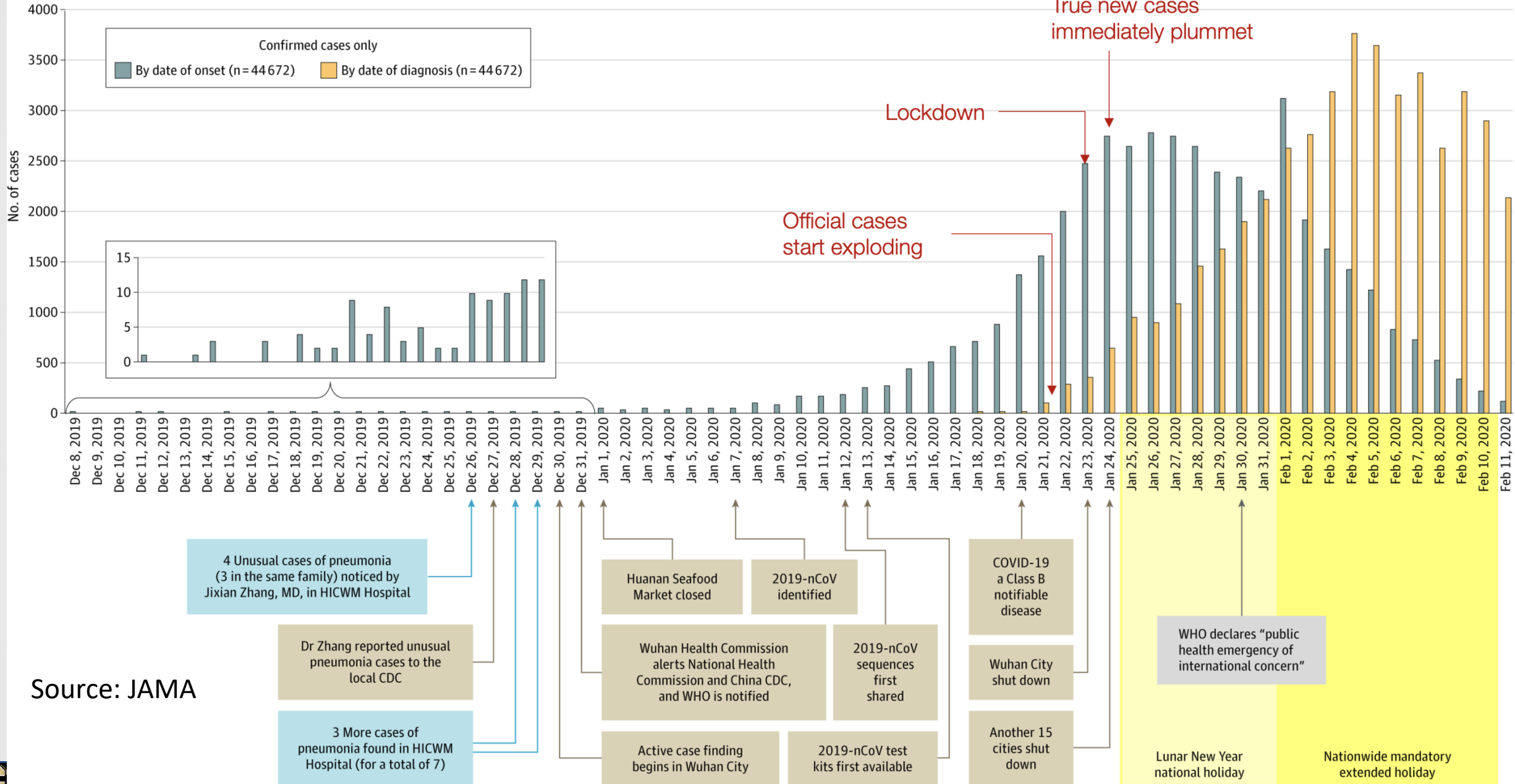
Chart 9: Total Cases of Coronavirus Outside of China (Countries with >50 cases as of 3/7/2020)



Source: Tomas Pueyo analysis from primary data from Github:

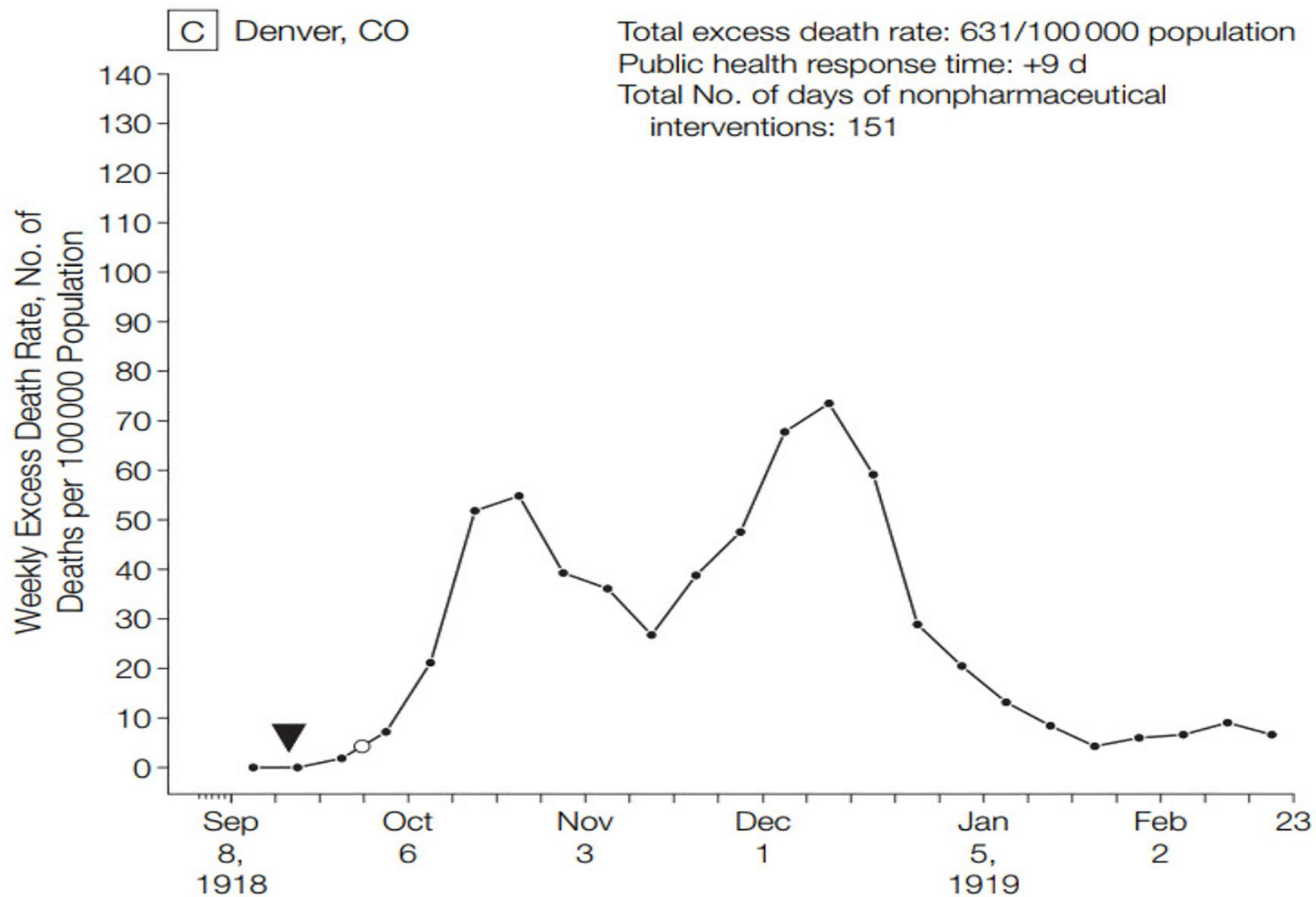
https://github.com/CSSEGISandData/COVID-19/blob/master/csse_covid_19_data/csse_covid_19_time_series/time_series_19-covid-Confirmed.csv

Chart 7: Timeline of Events in Hubei



Source: JAMA

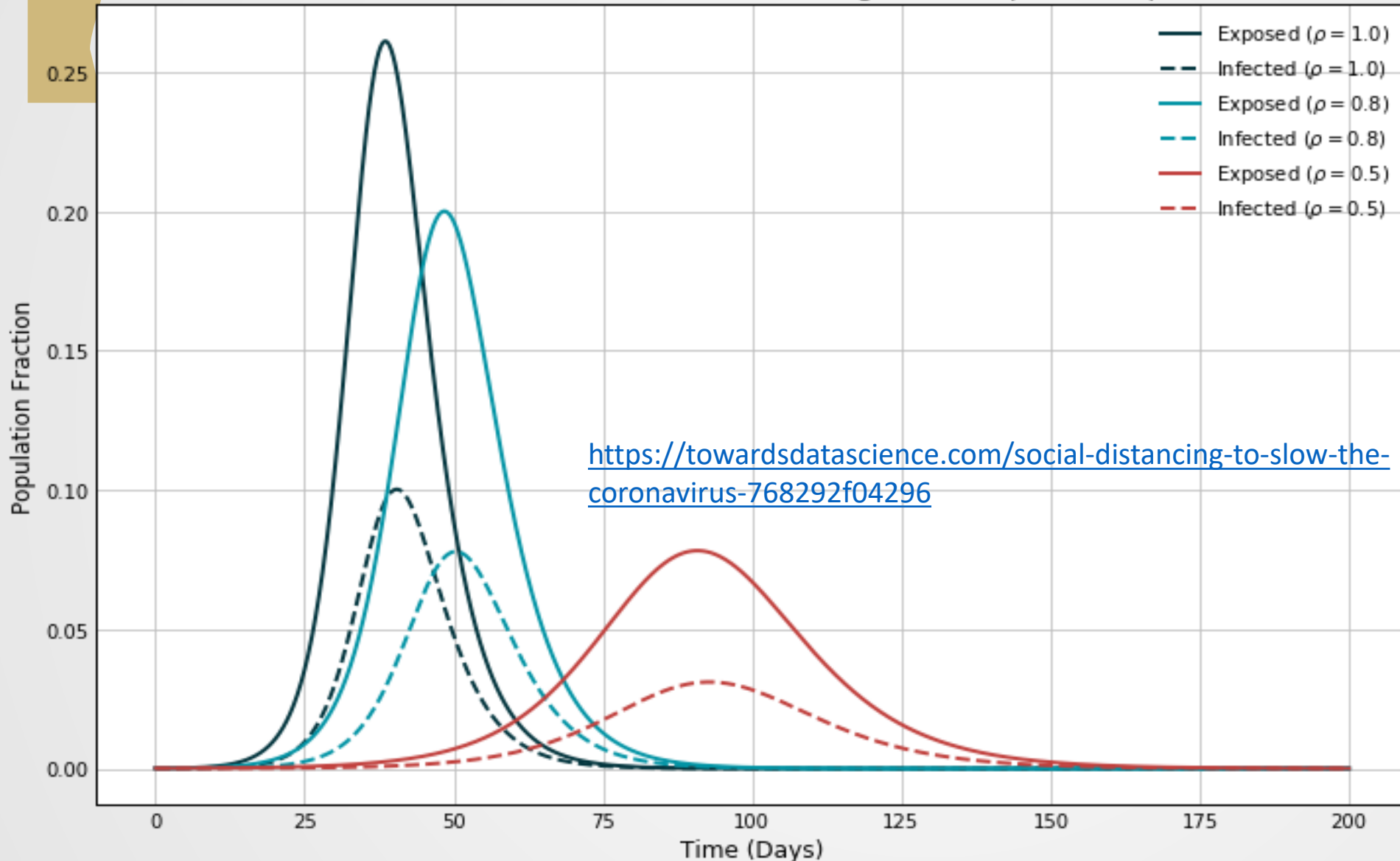
Chart 20: Excess Death in Denver during the 1918 Flu Pandemic



Source: Marginal Revolution,
<https://marginalrevolution.com/marginalrevolution/2020/03/what-worked-in-1918-1919.html>

Compliance and spread

COVID-19 SEIR Model with Social Distancing ($\alpha = 0.2$, $\beta = 1.75$, $\gamma = 0.5$)



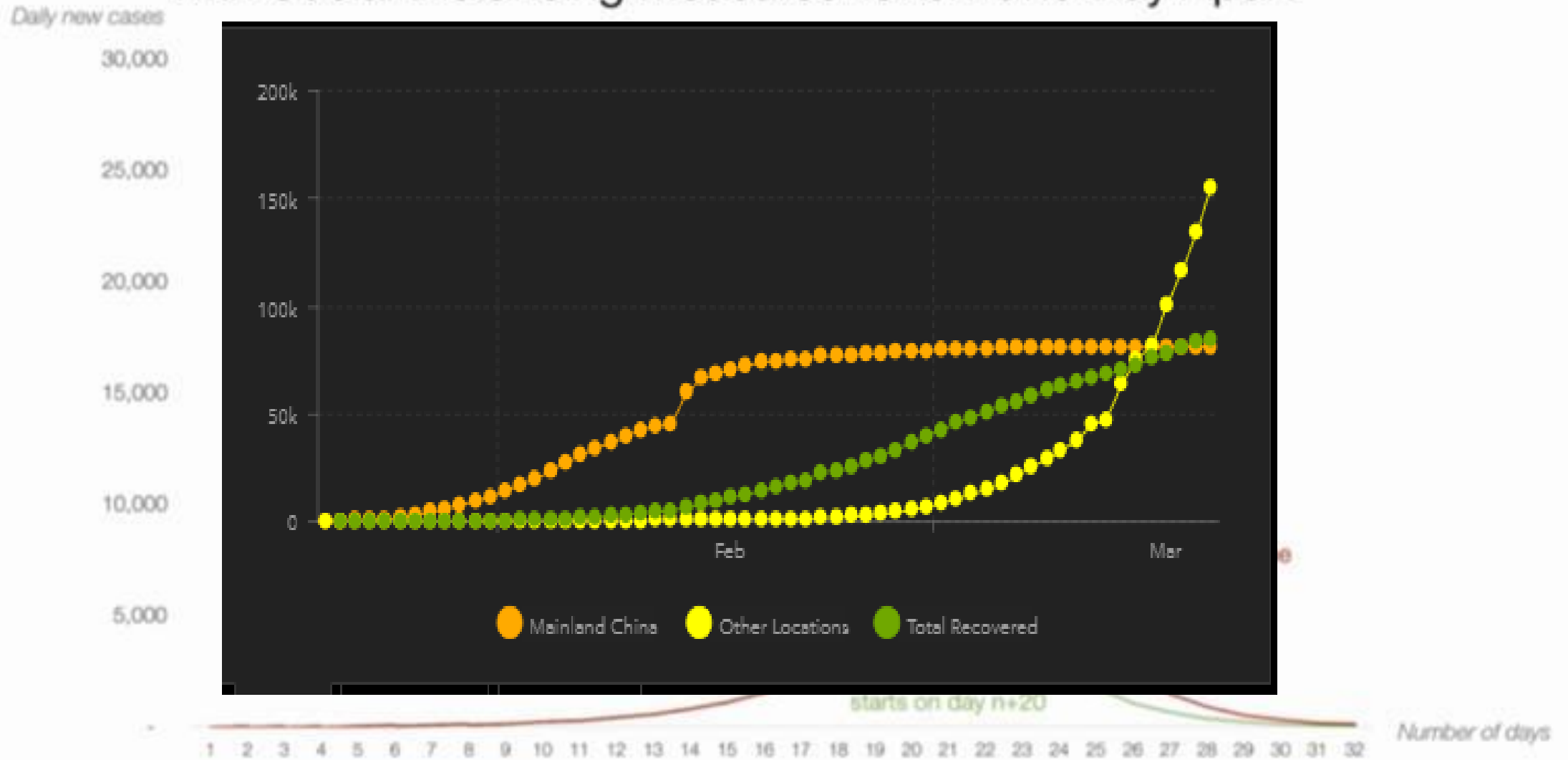
No Distancing
←

50% Distancing
←

USA Has:

- 95,000 ICU beds (68,000 adult)
- 62,000 ventilators (60% of which for adults) – may be able to get to 200,000 with old ventilators and emergency supplies (130,000 to staff)
- If unchecked: 900,000 will require ventilation

Chart 22: Model of Daily New Cases of Coronavirus with Social Distancing Measures Taken One Day Apart

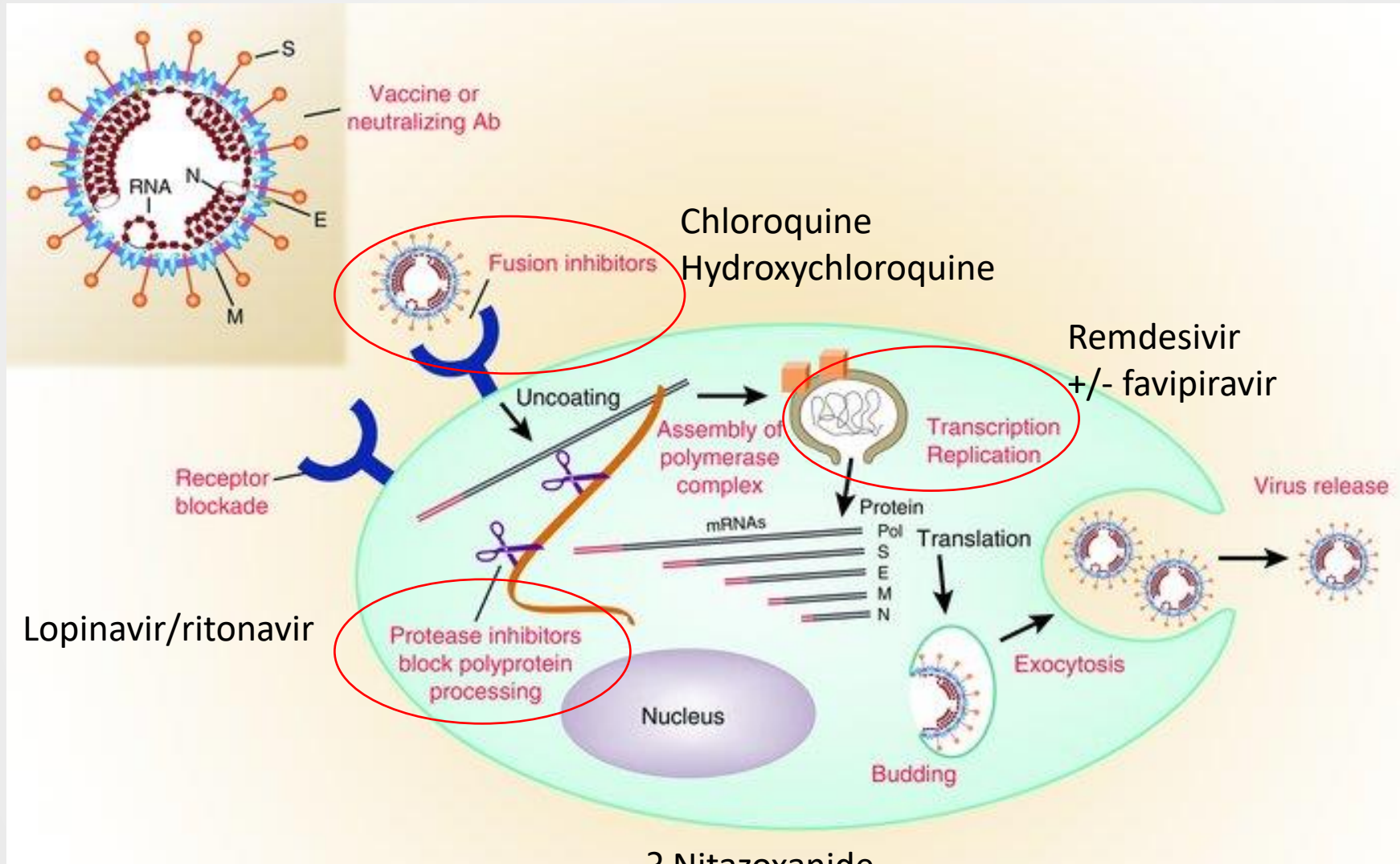


Source: Tomas Puyoy



Therapeutics for COVID-19

No antiviral therapy has proven effects against COVID-19, and none of the following agents have any approved indications for COVID-19

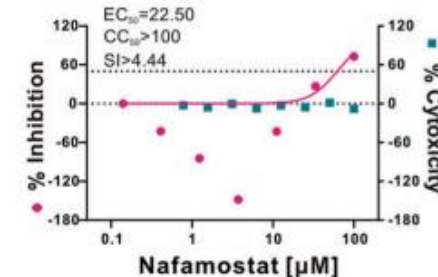
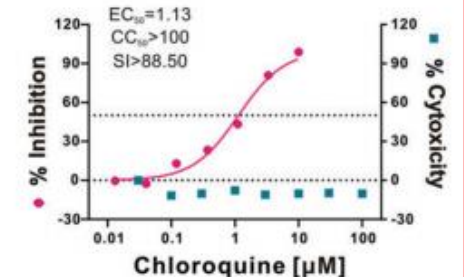
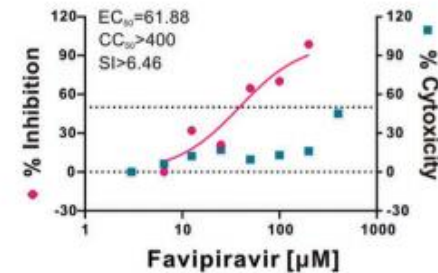
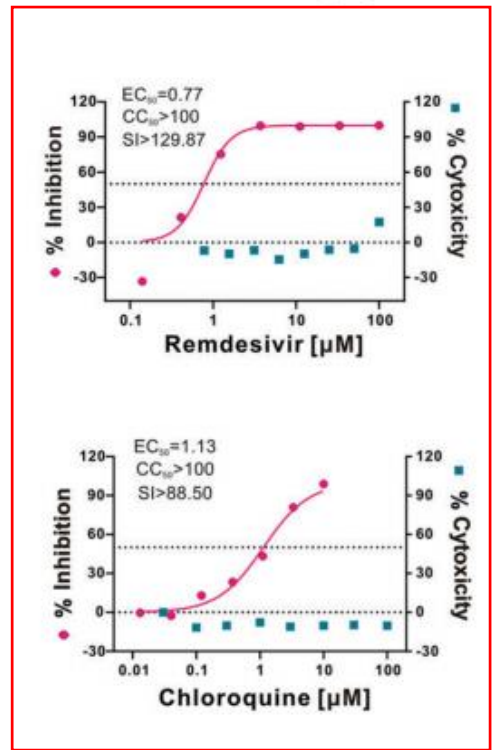
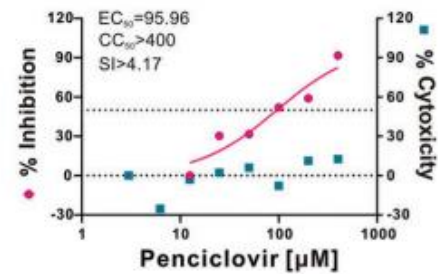
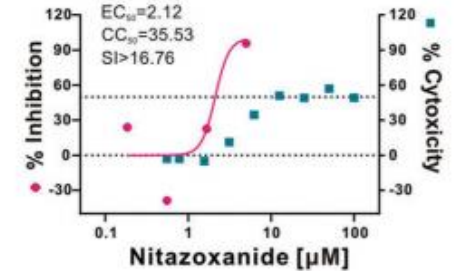
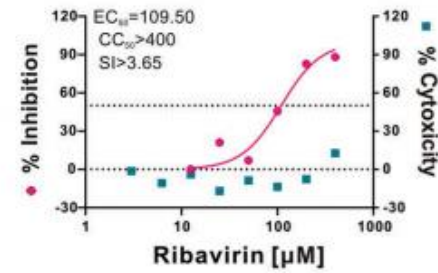


J Clin Invest. 2003;111(11):1605-1609.

Cell Res. 2020 Mar; 30(3): 269–271.

In Vitro Activity

- ▶ SARS-CoV-2 EC_{50} lowest for:
 - Remdesivir (Gilead) – investigational, broadly active against RNA viruses
 - Chloroquine – FDA approved anti-malarial agent
 - CID. 2020: Hydroxychloroquine $EC_{50} = 0.72 \mu\text{M}$ vs. chloroquine $EC_{50} = 5.5 \mu\text{M}$
 - Nitazoxanide – FDA approved anti-parasitic with reported anti-viral effects
- ▶ Lopinavir/ritonavir
 - SARS-CoV-1: $EC_{50} = 17 \mu\text{M}$
 - EC_{50} down to $1 \mu\text{g/mL}$ if ribavirin added
 - HIV $EC_{50} = 0.017\text{-}0.102 \mu\text{M}$



Cell Res, 2020; 30 (3), 269-271.

Clin Infect Dis. 2020; Epub (PMID: 32150618)

Antimicrob Agents Chemother. 2014; 58(8): 4875-84.

Clinical Evidence – Chloroquine/hydroxychloroquine

- ▶ In vitro data only published
 - Hydroxychloroquine 400mg PO BID x 1 day, then 200mg PO BID x 4 days
 - Chloroquine 500mg PO BID x 5 days
- ▶ No published clinical experience to date
- ▶ Reports from China (not actual data presented/published)
 - Reduces pneumonia exacerbation
 - Reduces duration of symptoms
 - Improves viral clearance
 - Well-tolerated
- ▶ Monitoring – QTc prolongation, GI side effects, retinopathy

Clin Infect Dis. 2020; Epub (PMID: 32150618)

Biosci Trends. 2020; 14(1): 72-3.

Clinical Evidence – Hydroxychloroquine

- ▶ Prospective, non-randomized, open-label study
 - Hospitalized with confirmed COVID-19
 - All patients offered hydroxychloroquine (HCQ) 200mg PO TID
 - Those refusing treatment or who met exclusion (allergic to HCQ, retinopathy, QT prolongation, G6PD deficiency) served as untreated controls
 - Antibiotics could be given for treatment/prevention of bacterial infection
 - Primary endpoint = virologic clearance at day 6

	Age (years)			Male gender		Clinical status				Time between onset of symptoms and inclusion (days)		
	Mean ± SD	t	P-value	n (%)	p-value	Asymptomatic	URTI	LRTI	p-value	Mean ± SD	t	p-value
Hydroxychloroquine treated patients (N=20)	51.2 ± 18.7	-1.95	0.06	9 (45.0)	0.65	2 (10.0)	12 (60.0)	6 (30.0)	0.30	4.1 ± 2.6	-0.15	0.88
Control patients (N=16)	37.3 ± 24.0			6 (37.5)		4 (25.0)	10 (62.5)	2 (12.5)		3.9 ± 2.8		

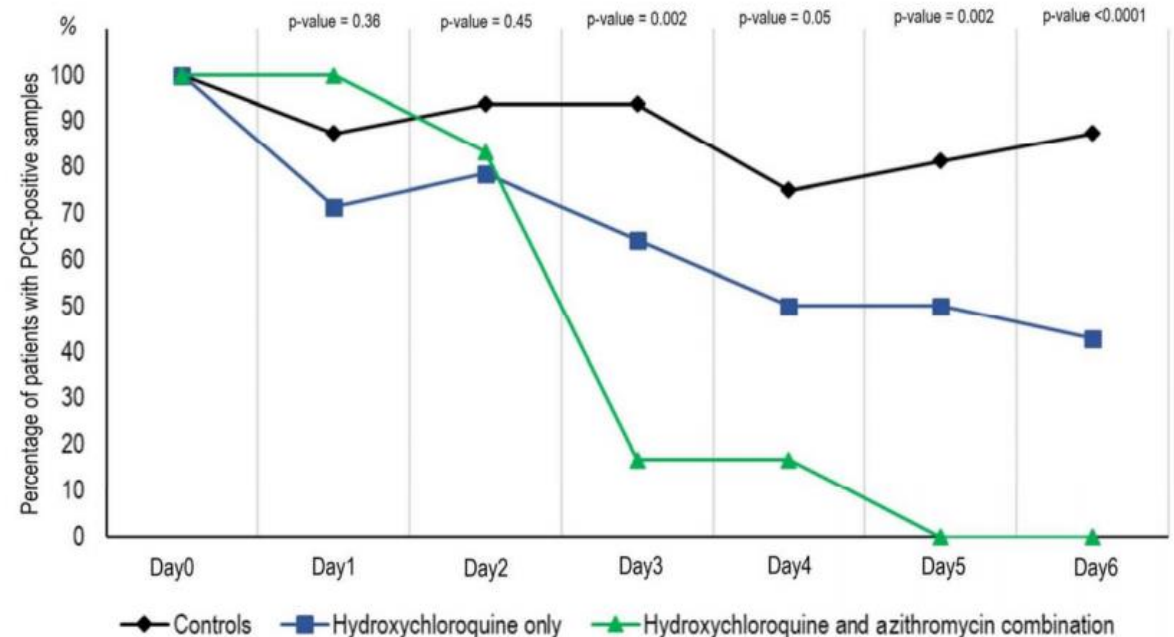
	Day3 post inclusion			Day4 post inclusion			Day5 post inclusion			Day6 post inclusion		
	Number of negative patients/total number of patients	%	p-value	Number of negative patients/total number of patients	%	p-value	Number of negative patients/total number of patients	%	p-value	Number of negative patients/total number of patients	%	p-value
Hydroxychloroquine treated patients (N=20)	10/20	50.0	0.005	12/20	60.0	0.04	13/20	65.0	0.006	14/20	70.0	0.001
Control patients (N=16)	1/16	6.3		4/16	25.0		3/16	18.8		2/16	12.5	

Gautret et al. (2020) Hydroxychloroquine and azithromycin as a treatment of COVID-19: results of an open-label non-randomized clinical trial. International Journal of Antimicrobial Agents – In Press 17 March 2020 – DOI : 10.1016/j.ijantimicag.2020.105949

Clinical Evidence – Hydroxychloroquine

- ▶ Results excluded 6 HCQ treated patients
 - 3 ICU transfers
 - 1 died
 - 1 left hospital
 - 1 stopped HCQ for GI upset
- ▶ Limited data for clinical outcomes
- ▶ Unclear role of azithromycin

Figure 2. Percentage of patients with PCR-positive nasopharyngeal samples from inclusion to day6 post-inclusion in COVID-19 patients treated with hydroxychloroquine only, in COVID-19 patients treated with hydroxychloroquine and azithromycin combination, and in COVID-19 control patients.



Gautret et al. (2020) Hydroxychloroquine and azithromycin as a treatment of COVID-19: results of an open-label non-randomized clinical trial. *International Journal of Antimicrobial Agents* – In Press 17 March 2020 – DOI : 10.1016/j.ijantimicag.2020.105949

Clinical Evidence – Hydroxychloroquine

► Post-exposure prophylaxis study - HCWs:

Screening Online Questionnaire

- Email covid19@umn.edu if you think you have been exposed to COVID19
- You will be sent an email with information about our prevention study
- A URL link will be provided for you to take the online screening survey

Medication Shipped

- Study medicine will be shipped overnight to your address
- Study medicine should arrive by 10:30am
- Take 4 tablets of the study medicine with some food or milk

Online Survey (Day 1)

- You will receive an email with a link to an online survey
- Take the second dose of 3 tablets 6-8 hours after the first.
- Take other medicines ≥ 4 hours apart from the study medicine

Study Days 2-4

- You should take 3 tablets each morning
- If you develop upset stomach, you may separate the pills; for example 2 at breakfast, 1 at lunch.
- Take other medicines ≥ 4 hours apart from the study medicine

Online Survey (Day 5)

- You will receive an email with a link to an online survey
- This should be the same day you finish the study medicine

End of Study Survey (Day 14)

- You will receive an email with a link to an online survey
- Unless you have developed symptoms, this marks the end of the study. There are no further requirements for you.
- If you have developed symptoms, we will reach out to you with further instructions.

Clinical Evidence – Lopinavir/ritonavir

► SARS-CoV-1

- Chu et al. 2004: ARDS or death lower with lopinavir/ritonavir vs. ribavirin alone (2.4% vs. 29%)
 - Retrospective, imbalance in baseline characteristics between groups, lopinavir/ritonavir patients received concomitant ribavirin
 - Rapid viral load decline in lopinavir/ritonavir recipients from nasopharyngeal specimens
- Chan et al. 2003: lopinavir/ritonavir plus ribavirin decreased mortality compared to ribavirin alone (2.3% vs. 11%, $p < 0.05$)
 - Matched, retrospective study. All patients received concomitant corticosteroids as well
 - Rescue therapy with lopinavir/ritonavir not different from matched controls
- Park et al. 2019: lopinavir/ritonavir plus ribavirin effective as post-exposure prophylaxis against MERS-CoV

Thorax 2004;59:252-256.

J Hosp Infect. 2019; 101(1): 42-46

Hong Kong Med J. 2003; 9(6): 399-406

A Trial of Lopinavir–Ritonavir in Adults Hospitalized with Severe Covid-19

- # Clinical Evidence
- ▶ Open label RCT, published 3/19/2020
 - Inclusion: adults with confirmed COVID-19 with radiographic pneumonia and hypoxia ($\text{SaO}_2 < 94\%$ on RA or $\text{PaO}_2:\text{FiO}_2 < 300$)
 - Exclusion: severe liver dysfunction, HIV, pregnancy, significant interactions
 - Outcomes:
 - Primary: time to clinical improvement
 - Secondary: clinical status, 28-day mortality, duration of mechanical ventilation, hospital and virologic measures

N Eng J Med. 2020. Epub: PMID: 32187464

Clinical Evidence

► Baseline demographics

Characteristic	Total (N=199)	Lopinavir–Ritonavir (N=99)	Standard Care (N=100)
Age, median (IQR) — yr	58.0 (49.0–68.0)	58.0 (50.0–68.0)	58.0 (48.0–68.0)
Male sex — no. (%)	120 (60.3)	61 (61.6)	59 (59.0)
Coexisting conditions — no. (%)			
Diabetes	23 (11.6)	10 (10.1)	13 (13.0)
Cerebrovascular disease	13 (6.5)	5 (5.1)	8 (8.0)
Cancer	6 (3.0)	5 (5.1)	1 (1.0)
Body temperature, median (IQR) — °C	36.5 (36.4–36.8)	36.5 (36.4–37.0)	36.5 (36.5–36.8)
Fever — no. (%)	182 (91.5)	89 (89.9)	93 (93.0)
Respiratory rate >24/min — no. (%)	37 (18.8)	21 (21.6)	16 (16.0)

ORIGINAL ARTICLE

A Trial of Lopinavir–Ritonavir in Adults Hospitalized with Severe Covid-19

Characteristic	Total (N=199)	Lopinavir–Ritonavir (N=99)	Standard Care (N=100)
NEWS2 score at day 1 — median (IQR)	5.0 (4.0–6.0)	5.0 (4.0–6.0)	5.0 (4.0–7.0)
Seven-category scale at day 1			
3: Hospitalization, not requiring supplemental oxygen — no. (%)	28 (14.1)	11 (11.1)	17 (17.0)
4: Hospitalization, requiring supplemental oxygen — no. (%)	139 (69.8)	72 (72.7)	67 (67.0)
5: Hospitalization, requiring HFNC or noninvasive mechanical ventilation — no. (%)	31 (15.6)	15 (15.2)	16 (16.0)
6: Hospitalization, requiring ECMO, invasive mechanical ventilation, or both — no. (%)	1 (0.5)	1 (1.0)	0
Days from illness onset to randomization — median (IQR)	13 (11–16)	13 (11–17)	13 (10–16)
Earlier (\leq 12 days of symptom onset) — no. (%)	90 (45.2)	42 (42.4)	48 (48.0)
Later (>12 days of symptom onset) — no. (%)	109 (54.8)	57 (57.6)	52 (52.0)
Mean viral load — log ₁₀ copies per ml at day 1	4.0 \pm 2.1	4.4 \pm 2.0	3.7 \pm 2.1
Using interferon at enrollment — no. (%)	22 (11.1)	9 (9.1)	13 (13.0)
Treatments during study period — no. (%)			
Vasopressors	44 (22.1)	17 (17.2)	27 (27.0)
Renal-replacement therapy	9 (4.5)	3 (3.0)	6 (6.0)
Noninvasive mechanical ventilation	29 (14.6)	10 (10.1)	19 (19.0)
Invasive mechanical ventilation	32 (16.1)	14 (14.1)	18 (18.0)
ECMO	4 (2.0)	2 (2.0)	2 (2.0)
Antibiotic agent	189 (95.0)	94 (94.9)	95 (95.0)
Glucocorticoid therapy	67 (33.7)	32 (32.3)	35 (35.0)
Days from illness onset to glucocorticoid therapy — median (IQR)	13 (11–17)	13 (12–19)	13 (9–17)
Days of glucocorticoid therapy — median (IQR)	6 (3–11)	7 (3–11)	6 (2–12)

* Plus-minus values are means \pm SD. ECMO denotes extracorporeal membrane oxygenation, HFNC high-flow nasal cannula for oxygen therapy, and NEWS2 National Early Warning Score 2.

N Eng J Med. 2020. Epub: PMID: 32187464

ORIGINAL ARTICLE

A Trial of Lopinavir–Ritonavir in Adults Hospitalized with Severe Covid-19

Clinical Evidence

► Outcomes:

- Lower rate of serious AEs

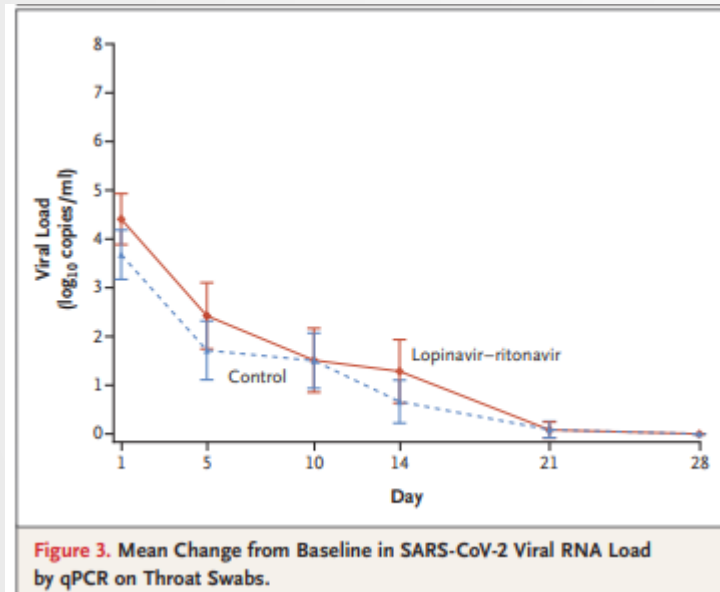


Table 3. Outcomes in the Intention-to-Treat Population.*

Characteristic	Total (N=199)	Lopinavir–Ritonavir (N=99)	Standard Care (N=100)	Difference†
Time to clinical improvement — median no. of days (IQR)	16.0 (15.0 to 17.0)	16.0 (13.0 to 17.0)	16.0 (15.0 to 18.0)	1.31 (0.95 to 1.80)‡
Day 28 mortality — no. (%)	44 (22.1)	19 (19.2)§	25 (25.0)	-5.8 (-17.3 to 5.7)
Earlier (≤12 days after onset of symptoms)	21 (23.3)	8 (19.0)	13 (27.1)	-8.0 (-25.3 to 9.3)
Later (>12 days after onset of symptoms)	23 (21.1)	11 (19.3)	12 (23.1)	-3.8 (-19.1 to 11.6)
Clinical improvement — no. (%)				
Day 7	8 (4.0)	6 (6.1)	2 (2.0)	4.1 (-1.4 to 9.5)
Day 14	75 (37.7)	45 (45.5)	30 (30.0)	15.5 (2.2 to 28.8)
Day 28	148 (74.4)	78 (78.8)	70 (70.0)	8.8 (-3.3 to 20.9)
ICU length of stay — median no. of days (IQR)	10 (5 to 14)	6 (2 to 11)	11 (7 to 17)	-5 (-9 to 0)
Of survivors	10 (8 to 17)	9 (5 to 44)	11 (9 to 14)	-1 (-16 to 38)
Of nonsurvivors	10 (4 to 14)	6 (2 to 11)	12 (7 to 17)	-6 (-11 to 0)
Duration of invasive mechanical ventilation — median no. of days (IQR)	5 (3 to 9)	4 (3 to 7)	5 (3 to 9)	-1 (-4 to 2)
Oxygen support — days (IQR)	13 (8 to 16)	12 (9 to 16)	13 (6 to 16)	0 (-2 to 2)
Hospital stay — median no. of days (IQR)	15 (12 to 17)	14 (12 to 17)	16 (13 to 18)	1 (0 to 2)
Time from randomization to discharge — median no. of days (IQR)	13 (10 to 16)	12 (10 to 16)	14 (11 to 16)	1 (0 to 3)
Time from randomization to death — median no. of days (IQR)	10 (6 to 15)	9 (6 to 13)	12 (6 to 15)	-3 (-6 to 2)

N Eng J Med. 2020. Epub: PMID: 32187464

Clinical Evidence - Remdesivir

- ▶ Appears effective against Ebola
- ▶ Clinical studies lacking for SARS-CoV-2
- ▶ Ongoing clinical trials
 - U.S. = 3 studies (1 NIAID and 2 Gilead sponsored)
 - China = 2 studies
- ▶ Dosing – 200mg IV load, then 100mg IV daily x 5-10 days
- ▶ Safety: mostly GI and liver-related effects to date reported
 - IV contains cyclodextrin (SBECD)

<https://clinicaltrials.gov/ct2/results?cond=&term=remdesivir&cntry=&state=&city=&dist=>

Remdesivir

► Compassionate use available (<https://rdvcu.gilead.com/>)



The following patient criteria must currently be met in order to submit a compassionate use request for remdesivir:

Key Inclusion criteria:

- Hospitalization
- Confirmed SARS-CoV-2 by PCR
- Invasive (ie Intubated or Tracheostomy) Mechanical Ventilation

Key Exclusion criteria:

- Evidence of Multi-organ failure
- Pressor requirement to maintain blood pressure
- ALT levels > 5 X ULN
- Cr Clearance <30 mL/min or dialysis or Continuous Veno-Venous Hemofiltration

Hyperinflammation

- ▶ Subset of COVID-19 progress to hyperinflammatory state
 - High, persistent fever
 - Cytopenias
 - Hyperferritinemia
 - Increased IL-6, CRP, and d-dimer
- ▶ Screening – Hscore for probability of secondary HLH
- ▶ Immunosuppression - tocilizumab

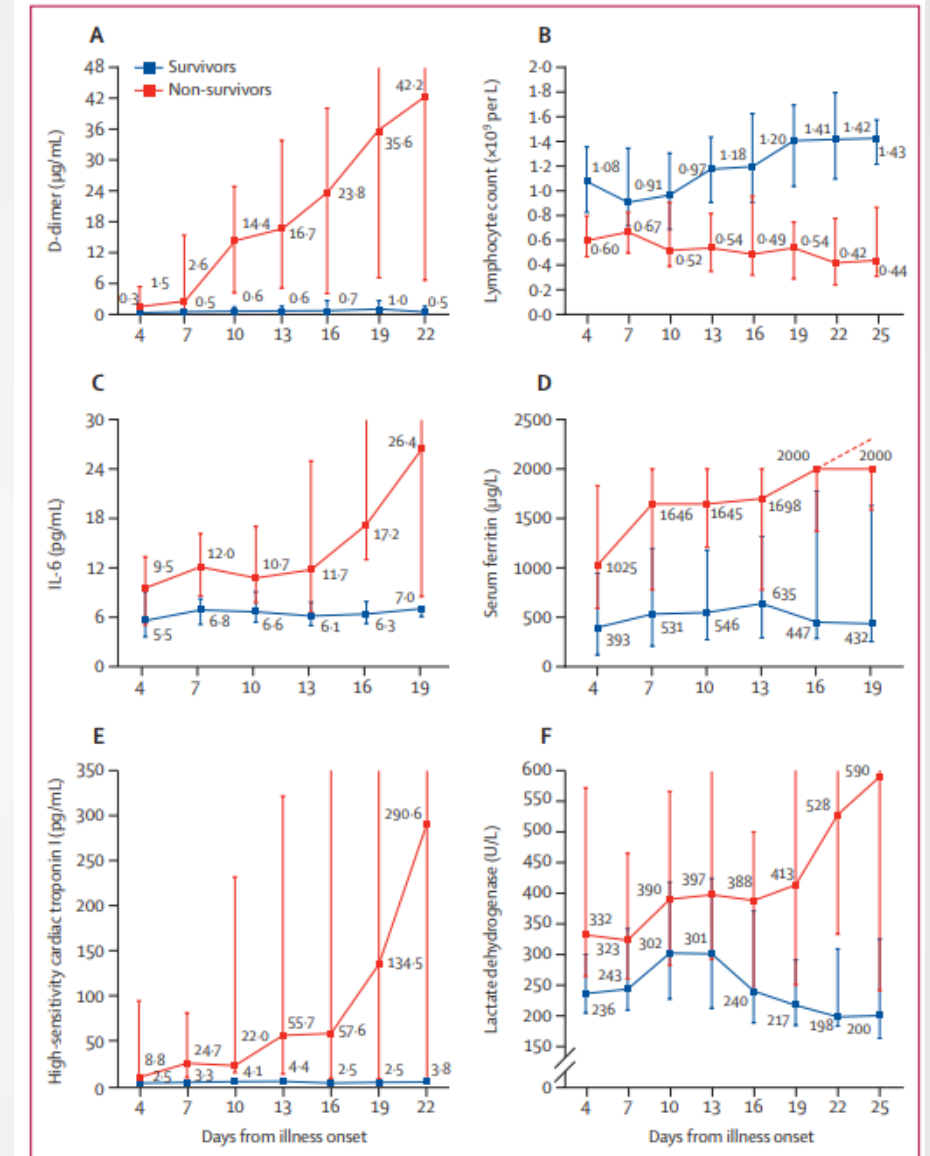


Figure 2: Temporal changes in laboratory markers from illness onset in patients hospitalised with COVID-19

Mehta P, et al. *Lancet*. 2020; epub - DOI:[https://doi.org/10.1016/S0140-6736\(20\)30628-0](https://doi.org/10.1016/S0140-6736(20)30628-0)

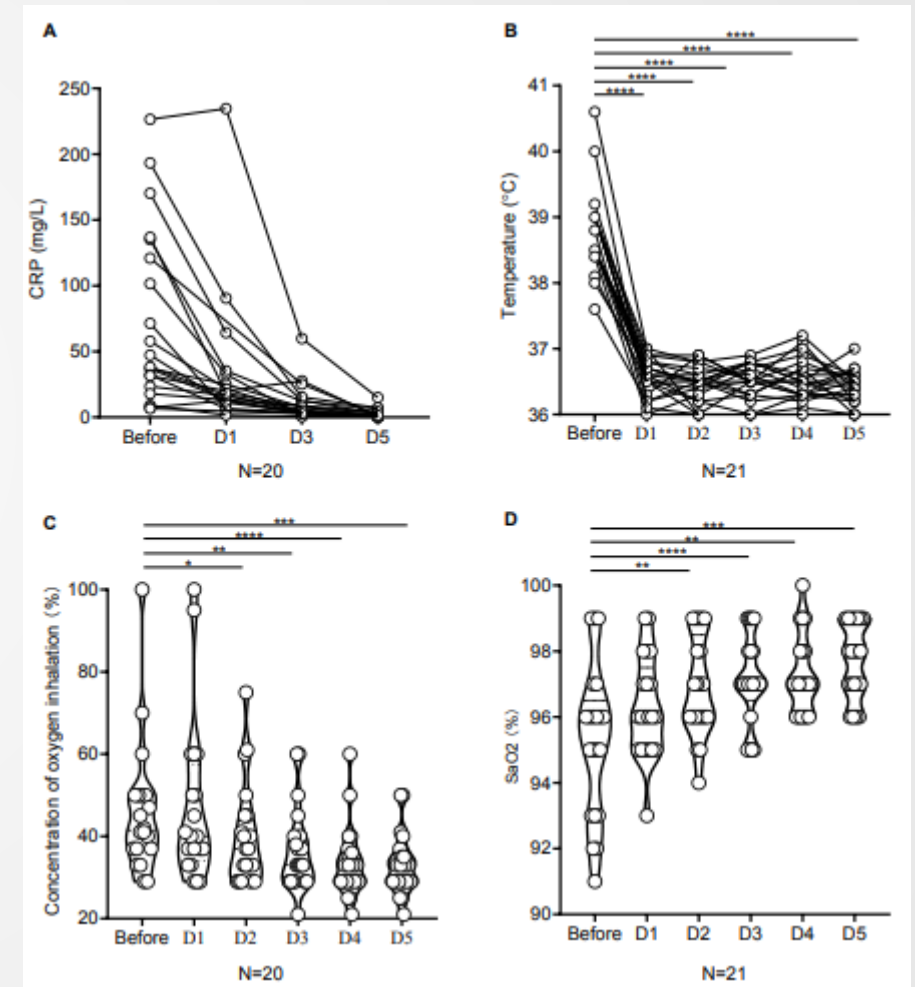
Huang C et al. *Lancet*. 2020; 395: 497-506

Zhou F, et al. *Lancet*. 2020; epub - DOI: [https://doi.org/10.1016/S0140-6736\(20\)30566-3](https://doi.org/10.1016/S0140-6736(20)30566-3)

Clinical Evidence – Tocilizumab

- ▶ Observational study from China, n=21
- ▶ Standard of care + Tocilizumab 400mg IV single dose
 - n=3 had repeat dose within 12 hours
- ▶ Severe (81%) and critical disease (19%) at time of treatment
 - Severe = RR \geq 30, SpO₂ < 94% on RA, or PaO₂:FiO₂ \leq 300
 - Critical = mechanically ventilated, shock, other organ failure
- ▶ All 21 survived, 91% discharged
 - Only 10% were mechanically ventilated

<http://www.chinaxiv.org/user/download.htm?id=30387&filetype=pdf>



Clinical Evidence - Others

- ▶ Nitazoxanide – in vitro only to date
- ▶ Interferon – in vitro and limited clinical experience from SARS-CoV-1 and MERS-CoV (combined with other agents)
- ▶ Statins – anti-inflammatory mechanism – theoretical presently and no published evidence of direct benefit for COVID-19
- ▶ IVIG – not expected to be effective, pooled sources unlikely to have any sufficient anti-SARS-CoV-2 neutralizing antibodies
- ▶ Corticosteroids – unclear role, likely beneficial during later stages of infection where inflammatory response increased

Cell Res, 2020; 30 (3), 269-271.

Antimicrob Agents Chemother. 2020; epub. PMID: 32152082

Tocilizumab and Sarilumab

Row	Saved	Status	Study Title	Conditions	Interventions	Locations
1	<input type="checkbox"/>	Recruiting NEW	Evaluation of the Efficacy and Safety of Sarilumab in Hospitalized Patients With COVID-19	<ul style="list-style-type: none"> COVID-19 	<ul style="list-style-type: none"> Drug: Sarilumab Drug: Placebo 	<ul style="list-style-type: none"> Regeneron Study Site New York, New York, United States
1	<input type="checkbox"/>	Recruiting NEW	Tocilizumab vs CRRT in Management of Cytokine Release Syndrome (CRS) in COVID-19	<ul style="list-style-type: none"> Covid-19 SARS Cytokine Storm (and 2 more...) 	<ul style="list-style-type: none"> Drug: Tocilizumab Other: Standard of care Procedure: Continuous renal replacement therapy 	<ul style="list-style-type: none"> Tongji Hospital Wuhan, Hubei, China
2	<input type="checkbox"/>	Recruiting NEW	Favipiravir Combined With Tocilizumab in the Treatment of Corona Virus Disease 2019	<ul style="list-style-type: none"> COVID-19 	<ul style="list-style-type: none"> Drug: Favipiravir Combined With Tocilizumab Drug: Favipiravir Drug: Tocilizumab 	<ul style="list-style-type: none"> Anhui Medical University Affiliated First Hospital Hefei, Anhui, China Guiqiang Wang Beijing, Beijing, China Peking University First Hospital Beijing, Beijing, China (and 8 more...)



Clinical Evidence - Others

- ▶ Nitazoxanide – in vitro only to date
- ▶ Interferon – in vitro and limited clinical experience from SARS-CoV-1 and MERS-CoV (combined with other agents)
- ▶ Statins – anti-inflammatory mechanism – theoretical presently and no published evidence of direct benefit for COVID-19
- ▶ IVIG – not expected to be effective, pooled sources unlikely to have any sufficient anti-SARS-CoV-2 neutralizing antibodies
- ▶ Corticosteroids – unclear role, likely beneficial during later stages of infection where inflammatory response increased

Cell Res, 2020; 30 (3), 269-271.

Antimicrob Agents Chemother. 2020; epub. PMID: 32152082

Clinical Evidence – Vaccine

NEWS RELEASES

Monday, March 16, 2020

NIH clinical trial of investigational vaccine for COVID-19 begins

Study enrolling Seattle-based healthy adult volunteers.

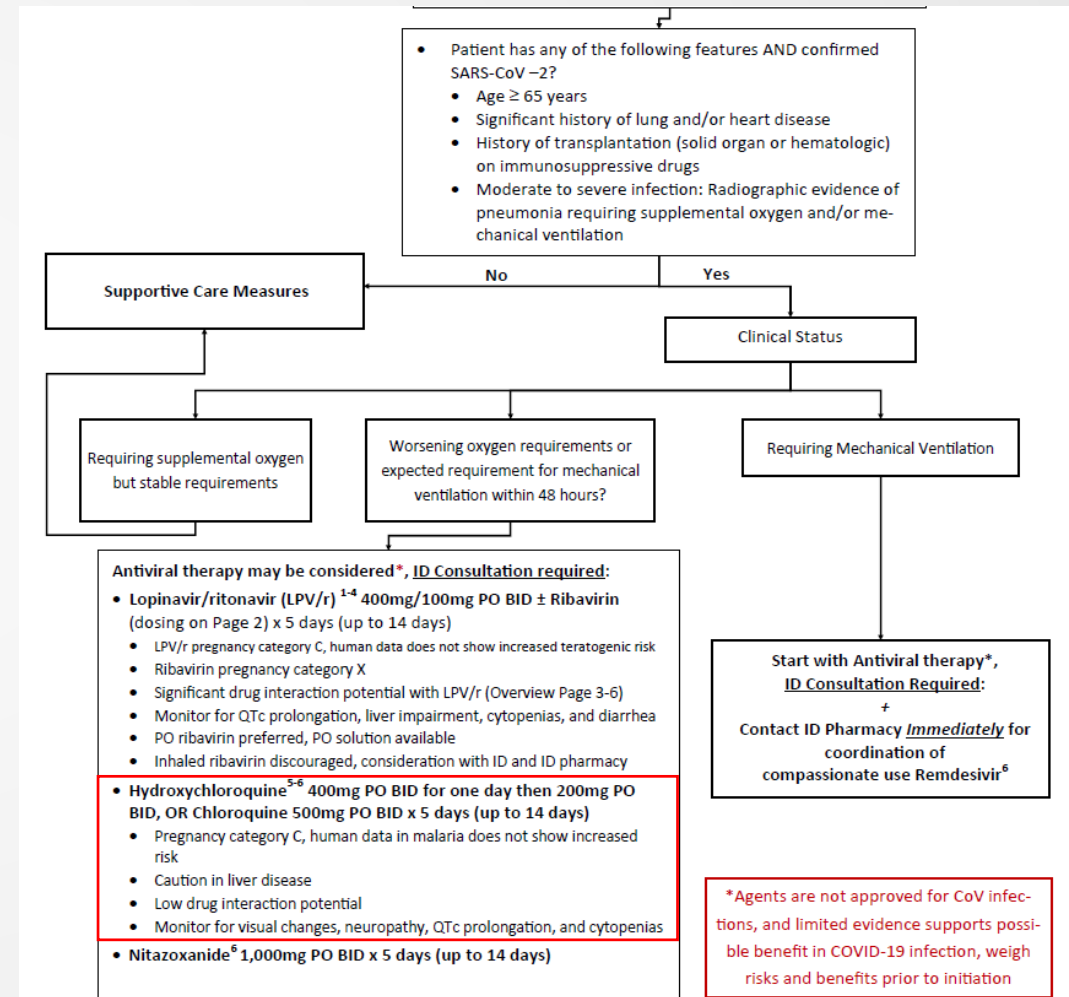
Trials to begin on Covid-19 vaccine in UK next month

Researchers hope to conduct animal tests next week and safety trials as early as next month

- [**Coronavirus - latest updates**](#)
- [**See all our coronavirus coverage**](#)

Proposed Management Algorithm

- ▶ No approved or proven treatment of COVID-19 to date
- ▶ Limited evidence may support trial of off-label agents with possible anti-viral activity (rapidly evolving, keep up to date)
- ▶ Challenges – diagnostic delays, shortages, and low quality evidence to date



Pharmacist Involvement

- ▶ Strategies to limit healthcare exposure of patients not suffering from COVID-19
- ▶ Inventory control and resource conservation
- ▶ Treatment pathway development and resource for critical evaluation of related evidence for novel therapies to manage COVID-19
- ▶ Navigation of clinical trials/compassionate use of investigational therapies
- ▶ Problem solving around supportive care measures

EIND Process

- ▶ <https://www.fda.gov/drugs/investigational-new-drug-ind-application/emergency-investigational-new-drug-eind-applications-antiviral-products>
- ▶ Step 1: contact company with investigational product to obtain approval for compassionate use
- ▶ Step 2: contact FDA for approval to use investigational product
- ▶ Step 3: if FDA approves, reach back out to company and coordinate with pharmacy and local IRB

Social Media and Misinformation

NEWS



Covid-19: ibuprofen should not be used for managing symptoms, say doctors and scientists

EMA gives advice on the use of non-steroidal anti-inflammatories for COVID-19 [Share](#)

Press release 18/03/2020



EMA is aware of reports, especially on social media, which raise questions about whether non-steroidal anti-inflammatory medicines (NSAIDs) such as ibuprofen could worsen [coronavirus disease \(COVID-19\)](#).

There is currently no scientific evidence establishing a link between ibuprofen and worsening of COVID-19. EMA is monitoring the situation closely and will review any new information that becomes available on this issue in the context of the pandemic.

What is CPS doing?

- ▶ Letter to the governor asking for emergency measures (sent March 13th)
 - Remote pharmacy practice – remove requirements for prior board approval
 - Allow 90 day supplies of chronic medications
 - Extend technician certification deadlines
 - Allow the CMO of CDPHE to allow pharmacists to provide designated services for:
 - Testing
 - Screening
 - Prescribing (standing order or CPA)

What is CPS doing?

- ▶ Community forum for COVID-19
 - Childcare options for healthcare workers
 - Clinical trial information (post-COVID exposure prophylaxis)
- ▶ Dedicated web page
- ▶ Social media posts (follow us!)

National professional organizations

- ▶ NACDS policy requests (partial list)
 - In anticipation of a COVID-19 vaccine, making sure pharmacists may access and immunize without barriers
 - Allowing pharmacists and techs to work across state lines
 - Broader prescriptive authority for mild ailments
 - Allowing remote verification of prescriptions
- ▶ NASPA
 - Regular communication regarding activities in other states



Questions and Answers

